



Faculty of Pharmacy
Sri Adichunchanagiri College of Pharmacy
B.G. Nagara - 571 448, Karnataka

CIRCULAR

Date: 27 July 2023

Subject: Constitution of the Programme Monitoring and Assessment Committee (PMAC)

All concerned are hereby informed that the **Programme Monitoring and Assessment Committee (PMAC-I)** meeting will be held to discuss and approve the community outreach activities planned for the **August-December 2023** period.

Meeting Details

- **Date:** 31 July 2023
- **Time:** 11:00 AM
- **Venue:** Board Room, Sri Adichunchanagiri College of Pharmacy

Purpose of the Meeting

To plan, schedule, monitor, and approve the community extension and outreach activities to be conducted during the first half of the academic year, ensuring alignment with institutional objectives, experiential learning, and community healthcare needs.

Proposed Community Activities (August – December 2023)

Sl. No.	Proposed Activity	Tentative Date	Proposed Venue
1	World Hepatitis Day	2 nd August 2023	Bellur, Mandya District, Karnataka.
2	Mega Health Camp	4 th August 2023	Arsikere, Hassan District, Karnataka.
3	Free Health Checkup Camp	6 th October 2023	Channarayapatna, Hassan District, Karnataka.
4	Mega Health Camp	31 st October 2023	Kelagere, Mandya District, Karnataka.
5	Cancer Awareness Program	4 th December 2023	RDS Girls Govt. School, Mandya District, Karnataka.

The committee members are requested to attend the meeting and participate in finalizing the schedule, objectives, responsibilities, and monitoring plan for the above activities. Recommendations of the committee shall be documented for implementation.

Principal / Head of the Institution

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B.G. Nagar - 571 448, Karnataka

PMAC-1: Date: 27 July 2023

PMAC COMMITTEE MEMBERS

COMPOSITION	NAME	DESIGNATION	SIGNATURE
Chairperson	Dr. B RAMESH	Principal and Dean	
Programme Head	Dr. Rajesh Venkataraman	Head of the Department	
Programme Coordinator	Mr. Satish Kumar B P	Associate Professor	
Member	Mr. Ravindra B N	Assistant Professor	
Member	Mr. Madhu B N	Assistant Professor	

Agenda

1. To discuss and approve the schedule for conducting community health outreach programmes, namely World Hepatitis Day, Mega Health Camps, Free Health Checkup Camp, and Cancer Awareness Program.
2. To finalize the objectives, venues, tentative dates, collaborating healthcare organizations, and organizing committees for each outreach activity.
3. To discuss the planning and implementation of health screening, awareness sessions, patient counselling, and referral services during the outreach programmes.
4. To assign responsibilities for coordination, logistics, publicity, student participation, clinical services, documentation, and safety measures.
5. To discuss the monitoring, evaluation, and submission of activity reports following the successful completion of each outreach programme.

Meeting Proceedings

Agenda 1: Planning of Community Health Outreach Activities

The committee reviewed the proposed schedule for conducting various community outreach programmes, including World Hepatitis Day, Mega Health Camps, Free Health Checkup Camp, and Cancer Awareness Program. Members approved the activity calendar and emphasized promoting preventive healthcare, early disease detection, public awareness, and community participation through these initiatives.

Agenda 2: Planning of Health Awareness and Screening Programmes

The committee discussed organizing World Hepatitis Day to create awareness regarding hepatitis prevention, vaccination, early diagnosis, and treatment. It was also decided to conduct Mega Health Camps and a Free Health Checkup Camp to provide general health screening, blood pressure monitoring, blood glucose testing, BMI assessment, medication counselling, and referral services. A Cancer



Awareness Program was planned to educate the public on risk factors, early warning signs, preventive strategies, and the importance of regular screening.

Agenda 3: Organization and Collaboration

The committee finalized the collaborating hospitals, healthcare professionals, faculty coordinators, and student volunteers for the successful execution of all programmes. Responsibilities relating to venue arrangements, registration, patient flow management, educational materials, clinical services, emergency preparedness, and documentation were discussed and approved.

Agenda 4: Allocation of Responsibilities

Faculty coordinators were assigned responsibilities for programme coordination, communication with healthcare partners, logistics, student volunteer management, publicity, photography, report preparation, and maintenance of attendance records. Student volunteers were assigned duties in registration, patient guidance, health education, data collection, and counselling support under faculty supervision.

Agenda 5: Monitoring and Documentation

The committee resolved that all outreach programmes shall be monitored by designated faculty coordinators. Attendance records, screening data, participant feedback, photographs, outcome assessments, and comprehensive activity reports shall be documented and submitted to the PMAC for evaluation and quality improvement.

Action Taken Report (ATR)

Agenda	Action Taken
Planning of community health outreach activities	The annual schedule for World Hepatitis Day, Mega Health Camps, Free Health Checkup Camp, and Cancer Awareness Program was approved.
Planning of health awareness and screening programmes	Dates, venues, healthcare partners, programme objectives, screening services, and awareness activities were finalized.
Organization and collaboration	Collaborating hospitals, faculty coordinators, student volunteers, logistics, and resource requirements were confirmed.
Allocation of responsibilities	Faculty members and student volunteers were assigned responsibilities for programme coordination, clinical services, counselling, documentation, and publicity.
Monitoring mechanism	A monitoring framework for documentation, participant feedback, health screening records, and post-programme evaluation was approved.

Recommendations / Matter for Reporting to the Board of Studies

The committee recommended the approval of the proposed community health outreach programmes, including World Hepatitis Day, Mega Health Camps, Free Health Checkup Camp, and Cancer Awareness Program. These initiatives are expected to strengthen community engagement, promote preventive healthcare, enhance public awareness regarding communicable and non-communicable diseases, encourage early diagnosis and timely referral, and provide valuable experiential learning



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opportunities for students. The Board of Studies may take note of the proposed activity schedule and extend support for its effective implementation.

Conclusion

The Programme Monitoring and Assessment Committee successfully finalized the implementation plan for the community health outreach programmes, namely World Hepatitis Day, Mega Health Camps, Free Health Checkup Camp, and Cancer Awareness Program. The committee approved the activity schedule, identified collaborating healthcare partners, assigned responsibilities to faculty members and student volunteers, and established a monitoring and documentation mechanism. The committee emphasized timely execution, quality healthcare service delivery, effective community participation, and comprehensive reporting to ensure continuous quality improvement. The meeting concluded with a vote of thanks to the Chair.



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|| JAI SRI GURUDEV ||

WORLD HEPATITIS DAY

Institution: ACU – Sri Adichunchanagiri College of Pharmacy

Department: Pharmacy Practice

Venue: Bellur, Mandya District, Karnataka

Date: 2 Aug 2023

Organized by: Sri Adichunchanagiri College of Pharmacy

DESCRIPTION

Department of Pharmacy Practice, Sri Adichunchanagiri College of Pharmacy in association with Indian Pharmaceutical Association, B.G Nagar, Adichunchanagiri Hospital & Department of Community Medicine, AIMS organized "World Hepatitis Day" on August 2, 2023. The theme of the event was- One Life, One Liver. The Guest for the event was Dr. Rajesh Venkataraman (Professor & Head, Department of Pharmacy Practice), Dr. Raghavendra S. K (Assistant Professor, Department of Community Medicine),

Mr. Lakshman Kumar (Chief Officer), Mrs. Dhanalakshmi (Health officer).

The program started with Dr. Raghavendra S.K addressing the crowd about the day and the awareness about the vaccine. Dr. Chandrakala (Pharm. D Intern) explained about Hepatitis and its prevention. A skit was conducted to create awareness about importance of vaccination for hepatitis among the civic workers of Patna Panchayat and the Public. Leaflets including awareness regarding hepatitis was distributed to the people in and around Bellur. Around 40 B.pharma volunteered got vaccinated against Hepatitis B virus. The event was a grand success leaving behind a moral example to the society and mankind .

OBJECTIVES:

1. To create awareness among the public about Hepatitis and its prevention.



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2. To educate the community on the importance of Hepatitis B vaccination.
3. To encourage safe hygiene practices and healthy lifestyle habits to reduce the risk of Hepatitis infection.
4. To strengthen the role of pharmacists and healthcare professionals in promoting health education and disease prevention.

OUTCOMES

1. Students gained a deeper understanding of Hepatitis, its causes, modes of transmission, prevention, and the importance of early diagnosis and vaccination.
2. The awareness programme educated civic workers and the general public about the significance of Hepatitis B vaccination and preventive healthcare practices through expert talks, skits, and leaflet distribution.
3. Students developed practical skills in community health education, patient counselling, and public awareness by interacting directly with members of the community.
4. The programme emphasized the pharmacist's role in disease prevention, health promotion, immunization awareness, and community-based healthcare services.



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PRINCIPAL



Jan-June 2024 (2023-24)



Faculty of Pharmacy
Sri Adichunchanagiri College of Pharmacy
B.G. Nagara - 571 448, Karnataka

CIRCULAR

Date: 2 January 2024

Subject: Constitution of the Programme Monitoring and Assessment Committee (PMAC)

PMAC-II Meeting for Planning and Scheduling Community Outreach Activities

All concerned are hereby informed that the **Programme Monitoring and Assessment Committee (PMAC-II)** meeting will be held to discuss and approve the community outreach activities proposed for the **Jan-June 2024** period.

Meeting Details

- **Date:** 04 January 2023
- **Time:** 2:00 PM
- **Venue:** Board Room, Sri Adichunchanagiri College of Pharmacy

Purpose of the Meeting

To plan, schedule, monitor, and approve the community extension activities proposed for the second half of the academic year and to ensure effective implementation through proper resource allocation and monitoring.

Proposed Community Activities (Jan-June 2024)

Sl. No.	Proposed Activity	Tentative Date	Proposed Venue
1	Free Health Checkup Camp	6 January 2024	Arisinakunte, Bengaluru, Karnataka.
2	Free Health Checkup Camp	28 January 2024	Shravanabelagola, Hassan District, Karnataka.

The committee members are requested to attend the meeting and participate in finalizing the implementation plan, timelines, and monitoring strategy for the proposed community outreach activities.

Principal / Head of the Institution

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PMAC-II: Date: 2 January 2024

PMAC COMMITTEE MEMBERS

COMPOSITION	NAME	DESIGNATION	SIGNATURE
Chairperson	Dr. B RAMESH	Principal and Dean	
Programme Head	Dr. Rajesh Venkataraman	Head of the Department	
Programme Coordinator	Mr. Satish Kumar B P	Associate Professor	
Member	Mr. Ravindra B N	Assistant Professor	
Member	Mr. Madhu B N	Assistant Professor	

Agenda

- 1.To discuss and approve the organization of a Free Health Checkup Camp as part of the institution's community outreach activities.
- 2.To finalize the objectives, venue, date, collaborating healthcare professionals, and organizing committee for the health camp.
- 3.To discuss the health screening services, patient counselling, referral mechanisms, and public awareness activities to be conducted during the camp.
- 4.To assign responsibilities for coordination, logistics, student participation, registration, documentation, and publicity.
- 5.To discuss the monitoring, evaluation, and submission of the activity report after successful completion of the programme.

Meeting Proceedings

Agenda 1: Planning of the Free Health Checkup Camp

The committee discussed organizing a Free Health Checkup Camp to promote preventive healthcare and improve access to basic medical services for the community. The proposed programme schedule was reviewed and approved.

Agenda 2: Planning of Health Screening Services

The committee finalized the health screening activities, including measurement of blood pressure, blood glucose, body mass index (BMI), general physical examination, medication review, patient counselling, and referral of individuals requiring further medical evaluation.

Agenda 3: Organization and Coordination



The committee identified the collaborating healthcare professionals, faculty coordinators, and student volunteers. Responsibilities relating to registration, patient flow management, availability of medical equipment, educational materials, and emergency support were discussed and approved.

Agenda 4: Allocation of Responsibilities

Faculty members were assigned responsibilities for overall coordination, liaison with healthcare professionals, logistics, documentation, photography, and report preparation. Student volunteers were assigned duties related to registration, patient guidance, health education, and data collection.

Agenda 5: Monitoring and Documentation

The committee resolved that the programme should be monitored by designated faculty coordinators. Attendance records, health screening data, participant feedback, photographs, and detailed activity reports shall be prepared and submitted to the PMAC for evaluation.

Action Taken Report (ATR)

Agenda	Action Taken
Planning of Free Health Checkup Camp	The programme schedule, objectives, venue, and date were approved by the committee.
Planning of health screening services	Screening services, counselling activities, and referral mechanisms were finalized.
Organization and coordination	Healthcare professionals, faculty coordinators, logistics, and required resources were arranged.
Allocation of responsibilities	Faculty members and student volunteers were assigned specific responsibilities for programme execution and documentation.
Monitoring mechanism	Documentation, participant feedback, health records, and post-programme evaluation procedures were approved.

Recommendations / Matter for Reporting to the Board of Studies

The committee recommended approval of the Free Health Checkup Camps as an important community outreach initiative. The programme is expected to promote preventive healthcare, facilitate early detection of common diseases, improve health awareness, and provide experiential learning opportunities for students through active participation in community health services.

Conclusion

The Programme Monitoring and Assessment Committee approved the implementation plan for the Free Health Checkup Camps. Faculty coordinators and student volunteers were assigned responsibilities, necessary healthcare arrangements were finalized, and an effective monitoring and documentation mechanism was established. The committee emphasized quality service delivery, community participation, and timely submission of the programme report. The meeting concluded with a vote of thanks to the Chair.

|| JAI SRI GURUDEV ||

FREE HEALTH CHECK UP CAMP AT ARISINAKUNTE

Date: 6 Jan 2024 (2023-24)

Institution: ACU – Sri Adichunchanagiri College of Pharmacy

Department: Pharmacy Practice

Venue: Arisinakunte, Bengaluru, Karnataka

Organized by: Adichunchanagiri Hospital & Research Centre (AH&RC), in collaboration with the Adichunchanagiri Institute of Medical Sciences (AIMS) and Faculty of Pharmacy, Sri Adichunchanagiri college of Pharmacy.

DESCRIPTION:

The camp continued through the day with patients being registered and directed to consulting physicians, whose prescriptions were then routed to the pharmacy counter staffed by the Pharmacy students. The interns undertook the dual responsibility of accurately dispensing the prescribed medicines and providing thorough patient counselling, an aspect of the camp to which they devoted particular attention given the broad range of conditions presented over the course of the day. Rather than limiting their interaction to instructions on dosage and timing, the interns took time to explain the nature of each patient's condition in accessible terms and offered practical guidance on lifestyle modifications, such as dietary adjustments and activity levels, that could complement pharmacological treatment and support better health outcomes.

The dispensing process was managed with close attention to accuracy and organization, with the interns cross-verifying prescriptions before dispensing and keeping a systematic approach to inventory so that the pharmacy counter could keep pace with the flow of patients throughout the day. Their coordinated teamwork ensured that even as consultation volumes fluctuated, the pharmacy station remained efficient and patient interactions kept the personal, attentive quality that distinguishes counselling from simple transaction. Pharmacy students



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each contributing to various aspects of dispensing, documentation, and patient communication.

OBJECTIVES:

The Free Health Check-Up Camp at Arisinakunte was organized with the objective of providing accessible, no-cost medical consultation and pharmaceutical care to residents of the Arisinakunte locality on the outskirts of Bangalore. Conducted in collaboration with the Adichunchanagiri Institute of Medical Sciences (AIMS), the camp aimed to bridge the gap between diagnosis and treatment adherence by ensuring that patients who received prescriptions from consulting physicians could immediately access their medications on-site, accompanied by clear counselling on drug use, associated disease conditions, and lifestyle changes necessary to support recovery and long-term wellbeing. For the participating Pharmacy students, the camp offered a structured opportunity to consolidate their clinical dispensing skills while further developing their ability to counsel patients holistically on the interplay between medication, disease management, and everyday lifestyle habits, within a collaborative medical-pharmacy framework modeled by the AIMS partnership.

OUTCOMES:

The counselling-intensive format of the Arisinakunte camp allowed the five participating interns to demonstrate the following Program Outcomes:

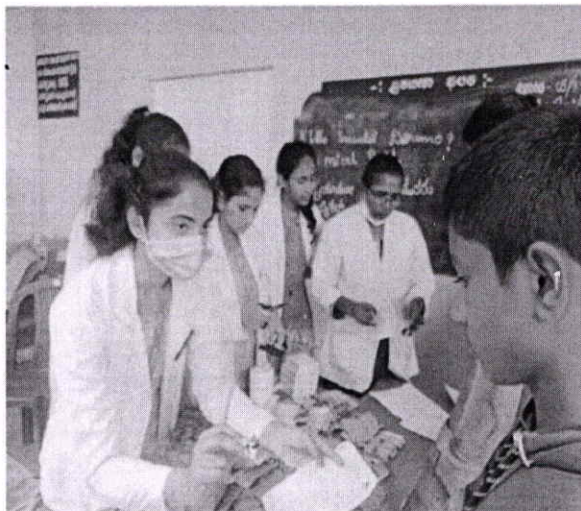
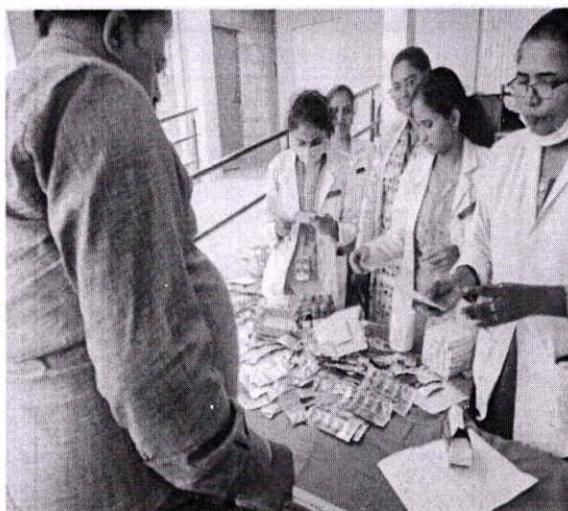
- * PO1 (Pharmacy Knowledge): Interns drew on their pharmacotherapy knowledge to explain disease conditions and medication rationale accurately to patients.
- * PO5 (Leadership Skills): self-organized their roles across dispensing, documentation, and counselling without external direction.
- * PO6 (Professional Identity): Taking full responsibility for the pharmacy counter reinforced the interns' identity as accountable, patient-facing healthcare professionals.
- * PO7 (Pharmaceutical Ethics): Systematic cross-verification of prescriptions before dispensing safeguarded patient safety throughout the camp.



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- * PO8 (Communication): Extending counselling beyond dosage instructions to disease education and lifestyle advice required strong, patient-tailored communication skills.
- * PO9 (The Pharmacist and Society): The comprehensive, education-oriented counselling approach reflected the pharmacist's evolving role as a community health educator.
- * PO11 (Life-Long Learning): Balancing dispensing accuracy with holistic counselling under time pressure built adaptive, experience-based learning habits among the interns.



PRINCIPAL



Faculty of Pharmacy
Sri Adichunchanagiri College of Pharmacy
B.G. Nagara - 571 448, Karnataka

CIRCULAR

Date: 22 January 2025

Subject: Constitution of the Programme Monitoring and Assessment Committee (PMAC)

PMAC-II Meeting for Planning and Scheduling Community Outreach Activities

All concerned are hereby informed that the **Programme Monitoring and Assessment Committee (PMAC-II)** meeting will be held to discuss and approve the community outreach activities proposed for the **Jan–June 2025** period.

Meeting Details

- **Date:** 28 January 2025
- **Time:** 2:00 PM
- **Venue:** Board Room, Sri Adichunchanagiri College of Pharmacy

Purpose of the Meeting

To plan, schedule, monitor, and approve the community extension activities proposed for the second half of the academic year and to ensure effective implementation through proper resource allocation and monitoring.

Proposed Community Activities (Jan–June 2025)

Sl. No.	Proposed Activity	Tentative Date	Proposed Venue
1	World Cancer Day Awareness Programme	4 February 2025	Thirumalapura village, Mandya District, Karnataka
2	Health Check Up and Blood Donation Camp	14 March 2025 (Tentative)	Javarnahalli village, Mandya District
3	World Diabetes Day Awareness Camp	3 April 2025 (Tentative)	Chamlapura village, Mandya District
4	Mega Health Camp	20 May 2025 (Tentative)	Krishnaraj pete village, Mandya District, Karnataka

The committee members are requested to attend the meeting and participate in finalizing the implementation plan, timelines, and monitoring strategy for the proposed community outreach activities.

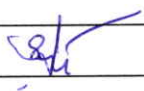
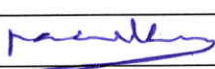

Principal / Head of the Institution

Principal
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PMAC-I: Date: 22 JANUARY 2025

PMAC COMMITTEE MEMBERS

COMPOSITION	NAME	DESIGNATION	SIGNATURE
Chairperson	Dr. Bharathi D R	Principal and Dean	
Programme Head	Dr. Rajesh Venkataraman	Head of the Department	
Programme Coordinator	Mr. Satish Kumar B P	Associate Professor	
Member	Mr. Ravindra B N	Assistant Professor	
Member	Mr. Madhu B N	Assistant Professor	

Agenda

1. To discuss and approve the schedule for community outreach and extension activities for the period Jan–June 2025.
2. To finalize the objectives, venue, tentative dates, and organizing committees for the Cancer Day Awareness Programme and Health Check up and Blood Donation Camp.
3. To discuss the planning and execution of the World Diabetes Day Awareness Camp, Mega health camp .
4. To assign responsibilities for coordination, logistics, student participation, safety measures, and documentation.
5. To discuss the mechanism for monitoring, evaluation, and submission of activity reports after successful completion.

Meeting Proceedings

Agenda 1: Constitution of the Programme Monitoring and Assessment Committee (PMAC)

The committee was formally constituted to review, discuss, and approve the proposed community extension and outreach activities planned for the Jan–June 2025 period. The meeting aimed to ensure that all planned programmes align with the institutional objectives, experiential learning goals, and community healthcare needs.

Agenda 2: Planning of World Cancer Day Awareness Programme

The committee discussed organizing a World Cancer Day Awareness Programme on 4 February 2025 at Thirumalapura Village, Mandya District, Karnataka. The programme aimed to create awareness about cancer prevention, early detection, risk factors, healthy lifestyle practices, and the importance of regular screening. Responsibilities related to resource persons, educational materials, logistics, and student participation were finalized.



Agenda 3: Planning of Health Check-up and Blood Donation Camp

The committee proposed conducting a Health Check-up and Blood Donation Camp on 14 March 2025 at Javarannahalli Village, Mandya District. Members discussed arrangements for medical screening, blood bank coordination, donor registration, transportation, faculty coordinators, student volunteers, and community mobilization to ensure effective implementation.

Agenda 4: Planning of World Diabetes Day Awareness Camp

The committee discussed organizing a World Diabetes Day Awareness Camp on 3 April 2025 at Chamlapura Village, Mandya District. The programme was planned to educate the community on diabetes prevention, early diagnosis, healthy dietary habits, physical activity, medication adherence, and the prevention of diabetes-related complications.

Agenda 5: Planning of Mega Health Camp

The committee proposed conducting a Mega Health Camp on 20 May 2025 at Krishnarajapete Village, Mandya District, Karnataka. Discussions focused on providing comprehensive health screening, specialist consultations, medication distribution, patient counselling, referral services, and community health education. The committee reviewed resource requirements, logistics, faculty coordinators, and student responsibilities to ensure successful execution.

Agenda 6: Allocation of Responsibilities

Faculty coordinators and student volunteers were assigned responsibilities for planning, communication with collaborating organizations, logistics, publicity, documentation, photography, and report preparation. Necessary permissions and administrative approvals were recommended before commencement of both activities.

Agenda 7: Monitoring and Documentation

The committee resolved that each activity should be monitored through faculty coordinators. Attendance records, photographs, feedback, outcome assessment, and detailed reports shall be prepared and submitted to the PMAC after completion for evaluation and continuous improvement.

Action Taken Report (ATR)

Agenda	Action Taken
Constitution of the Programme Monitoring and Assessment Committee (PMAC)	The PMAC was formally constituted, and the proposed community extension and outreach activities for the Jan – June 2025 period were reviewed and approved for implementation.
World Cancer Day Awareness Programme	The programme date, venue, faculty coordinators, student volunteers, educational materials, and community coordination were finalized. Preparations for conducting cancer awareness activities at Thirumalapura village, Mandya District, were completed



Health Check-Up and Blood Donation Camp	The tentative date and venue were approved. Coordination with healthcare professionals and blood bank authorities was initiated. Arrangements for donor registration, health screening, logistics, and awareness activities were finalized.
World Diabetes Day Awareness Camp	The programme schedule, venue, educational content, faculty coordinators, and student participation were approved. Preparations for diabetes screening and awareness activities at Chamlapura village, Mandya District, were completed.
Mega Health Camp	The tentative date, venue, resource persons, medical team coordination, logistics, and community mobilization activities were finalized. Necessary permissions and arrangements were initiated for successful conduct of the camp at Krishnarajapete village, Mandya District.
Allocation of Responsibilities	Faculty members and student volunteers were assigned specific responsibilities related to planning, coordination, publicity, logistics, documentation, photography, and report preparation to ensure effective programme execution.
Monitoring mechanism	A monitoring framework and documentation process were approved for evaluation of both activities after completion.

Recommendations / Matter for Reporting to the Board of Studies

The committee recommended approval of the proposed community outreach activities for the January–June 2025 period. The planned activities are expected to enhance environmental awareness, leadership skills, social responsibility, community engagement, and experiential learning among students. The Board of Studies may take note of the proposed activity schedule and support their effective implementation.

Conclusion

The Programme Monitoring and Assessment Committee successfully finalized the plan for the community outreach activities scheduled during January–June 2025 period. The committee approved the tentative activity calendar, assigned responsibilities to faculty members, established a monitoring mechanism, and emphasized timely execution, proper documentation, and continuous quality improvement. The meeting concluded with a vote of thanks to the Chair.



Sri Adichunchanagiri College of Pharmacy, B G Nagara

|| JAI SRI GURUDEV ||

REPORT ON WORLD CANCER DAY AWARENESS PROGRAMME

Institution: ACU – Sri Adichunchanagiri College of Pharmacy

Department: Pharmacy Practice

Venue: Thirumalapura Village, Nagamangala Taluk, Mandya District

Date: 04 February 2025

Organized by: Faculty of Pharmacy and Adichunchanagiri Hospital

DESCRIPTION

Cancer is one of the leading causes of morbidity and mortality worldwide, accounting for millions of deaths every year. The burden of cancer continues to rise due to factors such as tobacco use, alcohol consumption, unhealthy dietary habits, physical inactivity, environmental pollution, and genetic predisposition. World Cancer Day is observed annually on 4 February to raise awareness about cancer prevention, encourage early detection, and improve access to quality healthcare services. In recognition of this global health initiative, the Faculty of Pharmacy in collaboration with Adichunchanagiri Hospital & Research Centre organized a **World Cancer Day Awareness Programme at Thirumalapura Village, Nagamangala Taluk, Mandya District**. The programme sought to educate the rural community about cancer prevention, promote healthy lifestyle choices, and highlight the importance of regular screening and early diagnosis in improving treatment outcomes.

OBJECTIVES:

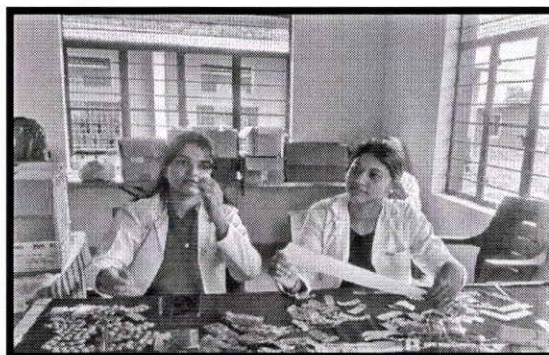
1. To increase public awareness about cancer, its risk factors, preventive measures, and the importance of early diagnosis and timely treatment.
2. To educate the community on healthy lifestyle practices, regular health check-ups, and cancer screening for early detection.

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3. To encourage preventive healthcare practices and reduce the burden of cancer through awareness.
4. To provide Pharm D and B.Pharm students with practical exposure to community health education, patient counselling, and cancer awareness activities.

OUTCOMES

1. Increased public awareness about cancer risk factors, warning signs, and preventive measures.
2. Encouraged regular health check-ups and cancer screening for early diagnosis.
3. Enhanced understanding of cancer prevention, early detection, and public health promotion.
4. Strengthened teamwork and professional skills through active participation in community outreach activities.





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B.G. Nagara - 571 448, Karnataka

CIRCULAR

Date: 2 April 2026

Subject: Constitution of the Programme Monitoring and Assessment Committee (PMAC)

PMAC-II Meeting for Planning and Scheduling Community Outreach Activities

All concerned are hereby informed that the **Programme Monitoring and Assessment Committee (PMAC-II)** meeting will be held to discuss and approve the community outreach activities proposed for the **Jan–June 2026** period.

Meeting Details

- **Date:** 04 April 2026
- **Time:** 2:00 PM
- **Venue:** Board Room, Sri Adichunchanagiri College of Pharmacy

Purpose of the Meeting

To plan, schedule, monitor, and approve the community extension activities proposed for the second half of the academic year and to ensure effective implementation through proper resource allocation and monitoring.

Proposed Community Activities (Jan–June 2026)

Sl. No.	Proposed Activity	Tentative Date	Proposed Venue
1	World Health Day	7 April 2026	Kalinganahalli, Nagamangala, Mandya District, Karnataka.
2	Community Health Camp	1 June 2026	Koppa, Mandya District, Karnataka.

The committee members are requested to attend the meeting and participate in finalizing the implementation plan, timelines, and monitoring strategy for the proposed community outreach activities.

Principal / Head of the Institution
Principal
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PMAC-II: Date: 2 April 2026

PMAC COMMITTEE MEMBERS

COMPOSITION	NAME	DESIGNATION	SIGNATURE
Chairperson	Dr. Prakash Goudanavar	Principal and Dean	
Programme Head	Dr. Mahendra Kumar B J	Head of the Department	
Programme Coordinator	Dr. Satish Kumar B P	Associate Professor	
Member	Dr. Robbin George	Assistant Professor	
Member	Dr. Baharul Islam	Assistant Professor	

Agenda

- 1.To discuss and approve the schedule for organizing World Health Day and the Community Health Camp as part of the institution's community outreach and public health initiatives.
- 2.To finalize the objectives, venue, tentative dates, collaborating healthcare organizations, and organizing committees for both programmes.
- 3.To discuss the planning and implementation of health awareness activities, health screening services, patient counselling, and referral mechanisms during the programmes.
- 4.To assign responsibilities for coordination, logistics, student participation, publicity, documentation, and safety measures.
- 5.To discuss the monitoring, evaluation, and submission of activity reports after the successful completion of both programmes.

Meeting Proceedings

Agenda 1: Planning of Community Health Outreach Programmes

The committee reviewed the proposal for organizing World Health Day and a Community Health Camp to promote preventive healthcare and improve community health awareness. The proposed activity schedule was approved, emphasizing health promotion, disease prevention, and community engagement through healthcare services and educational activities.

Agenda 2: Planning of Health Awareness and Screening Activities

The committee discussed organizing World Health Day with awareness sessions highlighting the importance of healthy lifestyles, preventive healthcare, mental well-being, nutrition, physical activity, and regular health check-ups. The Community Health Camp was planned to provide health screening services such as blood pressure measurement, blood glucose estimation, body mass index (BMI) assessment, general health examination, medication counselling, and referral services for individuals requiring specialized medical care.



Agenda 3: Organization and Collaboration

The committee finalized the collaborating hospitals, healthcare professionals, faculty coordinators, and student volunteers for the successful conduct of both programmes. Arrangements related to venue preparation, registration, patient flow management, medical equipment, educational materials, emergency support, publicity, and documentation were reviewed and approved.

Agenda 4: Allocation of Responsibilities

Faculty coordinators were assigned responsibilities for programme coordination, communication with collaborating healthcare organizations, logistics, publicity, documentation, photography, and report preparation. Student volunteers were assigned duties related to participant registration, patient guidance, health education, screening assistance, counselling support, and data collection under faculty supervision.

Agenda 5: Monitoring and Documentation

The committee resolved that both programmes shall be monitored by designated faculty coordinators. Attendance records, health screening data, participant feedback, photographs, outcome assessments, and comprehensive activity reports shall be prepared and submitted to the PMAC for evaluation and continuous quality improvement.

Action Taken Report (ATR)

Agenda	Action Taken
Planning of community health outreach programmes	The schedule for World Health Day and the Community Health Camp was approved by the committee.
Planning of health awareness and screening activities	Programme objectives, awareness sessions, health screening services, counselling activities, and referral mechanisms were finalized.
Organization and collaboration	Collaborating hospitals, healthcare professionals, faculty coordinators, logistics, and required resources were confirmed.
Allocation of responsibilities	Faculty members and student volunteers were assigned responsibilities for coordination, health screening, counselling, publicity, and documentation.
Monitoring mechanism	A monitoring framework, documentation process, participant feedback system, and post-programme evaluation mechanism were approved for both programmes.

Recommendations / Matter for Reporting to the Board of Studies

The committee recommended approval of the proposed **World Health Day** and **Community Health Camp** activities as significant community outreach initiatives. These programmes are expected to enhance public awareness regarding preventive healthcare, encourage healthy lifestyle practices, facilitate early detection of common health conditions through screening services, and strengthen community engagement. The programmes will also provide valuable experiential learning opportunities for students by promoting practical exposure to patient interaction, health education, and community



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healthcare services. The Board of Studies may take note of the proposed activity schedule and support its effective implementation.

Conclusion

The Programme Monitoring and Assessment Committee successfully finalized the implementation plan for World Health Day and the Community Health Camp. The committee approved the programme schedule, identified collaborating healthcare organizations and resource persons, assigned responsibilities to faculty members and student volunteers, and established a comprehensive monitoring and documentation mechanism. The committee emphasized timely execution, effective community participation, quality healthcare service delivery, proper documentation, and continuous quality improvement. The meeting concluded with a vote of thanks to the Chair.



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|| JAI SRI GURUDEV ||

COMMUNITY HEALTH CAMP

Date: 1 June 2026 (2025-26)

Institution: ACU – Sri Adichunchanagiri College of Pharmacy

Department: Pharmacy Practice

Venue: Koppa, Maddur Taluk, Mandya District, Karnataka

Organized by: Adichunchanagiri Hospital - Sri Adichunchanagiri College of Pharmacy

DESCRIPTION:

Community health camps play a significant role in promoting preventive healthcare, improving public awareness, and providing accessible medical services to rural and underserved populations. As part of its commitment to social responsibility and experiential learning, three students from the Department of Pharmacy Practice, ACU – Sri Adichunchanagiri College of Pharmacy, actively participated in a **Community Health Camp** organized by **Adichunchanagiri Hospital on 1 June 2026 at Koppa, Maddur Taluk, Mandya District, Karnataka**. Doctors and students from various departments had participated in providing healthcare to the community.

OBJECTIVES

1. To provide free health check up to the community
2. Educate participants about common health conditions, their prevention, and management.
3. Offer medical consultation and guidance to people in rural and underserved areas.

OUTCOMES

1. Improved Health Literacy: Empower the community with knowledge to manage and prevent common health issues.
2. Early Detection of Diseases: Identify individuals at risk of chronic diseases and refer them for further treatment.

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3. Increased Awareness about Healthcare Services: Inform the community about available healthcare facilities and encourage their utilization.

