

National Youth Day

12 Jan 2024

NSS Unit, Sri Adichunchanagiri College of Pharmacy celebrated National Youth Day on 12th Jan 2024 at yuvalaya with the Theme: “Empowering Youth Minds” which is given as a theme to motivate the youth to promote the country for a better future.

Speaker: Dr Vinay, Dept. of Psychiatry, AIMS, B G Nagar

Objective:

The aim is to motivate the youth to promote the country for a better future.

Outcomes:

- Debating - Debating is an engaging, active learner-centered activity. Reasoning, research and public speaking are just some of the positives behind learning how to be a great debater.
- General knowledge - The importance of general knowledge reaches far beyond books and exams. Whether in the classroom or the workplace, good general knowledge can help in all walks of life.
- Critical thinking - Critical thinking at a critical age. In this enrichment course, learners are taught to reason, construct viable arguments and critique the reasoning of others.

Conclusion:

In summary this session is to “Empowering Youth Minds to motivate the youth to promote the country for a better future in various paths”.



Live Telecast of Prime Minister Modi's Speech on Youth Day

12 Jan 2024

ACU- NSS unit, Sri Adichunchanagiri College of Pharmacy made all the arrangement to watch live telecast of Prime Minister Modi's speech on Youth Day on 12 Jan 2023 at Yuvalaya.

The event aimed to engage and inspire students by providing them with the opportunity to listen to the Prime Minister's insights on youth empowerment, aspirations, and the role of the younger generation in shaping the nation's future.

Following the live telecast, NSS program officer Mr. Ravindra B N and Mr. Madhu B k organized informal discussions and interactive sessions where students could share their reflections on youth day . This provided a platform for dialogue and allowed students to express their opinions on the role of youths in nation building.

The event contributed to fostering a sense of community and unity within the college, aligning with the spirit of Youth Day.



Makara Sankranti Celebration and Mehendi Competition

13 Jan 2024

NSS in association with Women Empowerment Cell Celebrated a Makara Sankranti festival on 13-1-2024(saturday) This programme was held at Sri Adichunchanagiri college of pharmacy, B G Nagar and all the teaching and non-teaching staff were present in the event.

Objective:

1. To express gratitude and seek blessings for a prosperous harvest and a positive transition of the Sun into the Northern Hemisphere.
- 2.To inspire young minds to come forward and put forth their thought on development of our nation.
3. To boost confidence among youth in active participation.

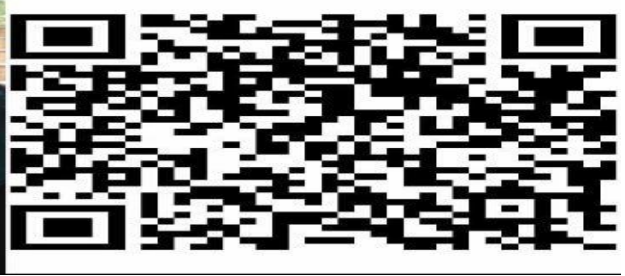
Outcomes:

- 1.Students participated in the Mehendi Competition.
2. Distributed prizes to event winners

Competition winners:

1st prize - shreya

2 nd prize- varshitha



Essay Writing Competition

17 Jan 2024

NSS unit, organized Essay Writing Competition in order to observe National Youth Week on the theme "Youth & Social Media: Influences and Responsibilities " on 17 Jan 2024 at Yuvalaya.

Objectives: -

Fostering creativity, encouraging critical thinking & promoting expression of youth perspectives on relevant issues.

Outcomes: -

The young minds expressed themselves and contributed to critical discussions.



National Voters' Day

25th January 2024

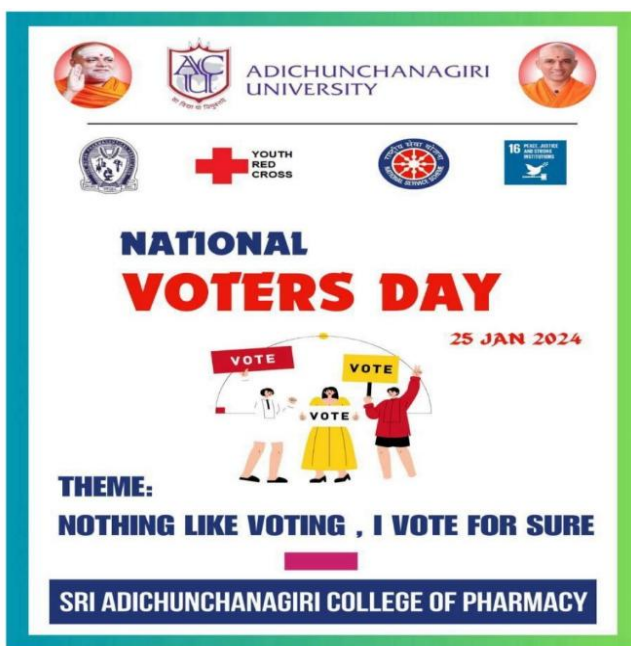
NSS Unit , Sri Adichunchanagiri college of Pharmacy celebrated National Voters' Day (NVD) on 25th January 2024. The day holds significant importance as it marks the foundation day of the Election Commission of India (ECI), which was established on 25th January 1950. The main objective behind celebrating National Voters' Day is to encourage, facilitate, and maximize the enrolment, especially for the new and young voters. The day is dedicated to promoting awareness about the importance of voting and the need for active participation in the democratic process.

Objectives of National Voters' Day

1. **Increase Voter Enrolment:** The primary objective of NVD is to increase the enrolment of voters, especially targeting the youth who have attained the eligible voting age.
2. **Educate and Inform:** National Voters' Day aims to educate citizens about the importance of their vote and the role they play in shaping the nation's future.

Outcomes of National Voters' Day:

1. **Increased Voter Registration:** One of the significant outcomes of NVD is a surge in voter registration, particularly among the youth.
2. **Enhanced Awareness:** NVD has proven successful in enhancing awareness about the importance of voting, electoral procedures, and the role of citizens in shaping the democratic framework.
3. **Youth Engagement:** The day has led to increased engagement of the youth in the electoral process. Educational institutions, social organizations, and the media play a crucial role in promoting active participation among young voters.



Glimpse:
https://drive.google.com/drive/folders/1GV-bALzUYmcrPNBDMV1Q8voHVEPPv9b4?usp=drive_link



World Leprosy Day

29 Jan 2024

NSS Unit In association with Department of Pharmacy Practice successfully conducted an awareness program in observance of World Leprosy Day On January 29, 2024.

Objectives

The program aimed to enlighten students about leprosy, fostering empathy and understanding. It sought to inspire the younger generation to advocate for the rights and well-being of individuals living with leprosy.

1. Educational Presentations: Introduction to leprosy, its impact, and case discussions.
2. Fundraising Initiatives: Raising funds for the benefit of those affected through food and stationary stall
3. Awareness and Prevention: Educating on prevention measures and precautions related to leprosy.

Outcomes:

The outcomes of this event were significant:

1. Increased Awareness: Students gained a deeper understanding of leprosy.
2. Reduced Stigma: Myths were dispelled, reducing stigma associated with the disease.
3. Enhanced Empathy: Students developed a more inclusive and compassionate perspective.
4. Support for the effected

Extended a financial support to the further rehabilitation of leprosy patients through the charitable trust. The session witnessed active participation from undergraduate and postgraduate students, teaching and non - teaching staff of our institution



World Cancer Day

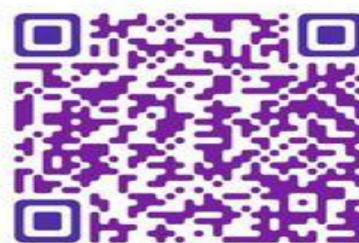
ACU- NSS Unit & Department of Pharmacy Practice, Faculty of Pharmacy - Sri Adichunchanagiri College of Pharmacy In alignment with the World Health Organization's observance of February 4 as World Cancer Day and January as Cervical Cancer Awareness Month, the Department of Pharmacy Practice hosted a significant event on February 3, 2024. The event comprised a Panel discussion centred on cervical cancer, emphasizing the 2024 WHO cervical cancer campaign themes: "Get informed, Get screened, Get vaccinated."

Objective

The primary aim of this event was to raise awareness among student about cervical cancer, its prevention, and the importance of early detection. By focusing on the critical messages of getting informed, screened, and vaccinated, the event sought to educate participants on the steps they can take to protect themselves and their loved ones from cervical cancer.

Outcome

The event was a resounding success, achieving its objective of raising awareness about cervical cancer and the importance of preventative measures. Participants left the session better informed about HPV and cervical cancer, the benefits of regular screening, and the critical role of vaccination in preventing the disease. The discussion inspired many attendees to become advocates for cervical cancer awareness in their communities, further extending the reach and impact of the campaign messages.



National Science Day-2024

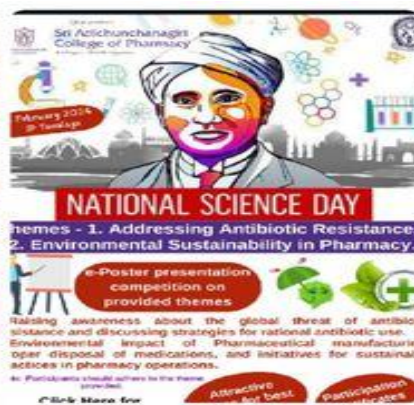
ACU- NSS Unit, Faculty of Pharmacy - Sri Adichunchanagiri College of Pharmacy
In alignment with the National Science Day-2024, on February 28th organized a E-Poster presentation competition on a theme “Science for Sustainable Future” in that the presentation we focused on “Addressing Antibiotic Resistance” and “Environmental Sustainability in Pharmacy”. Which are very essential to address for the sustainable future. Students from all different programs were presented their posters on the given themes. The posters were evaluated by our own faculties like Dr. Mohammed Ali, Dr. K N Naga Prasanth, Dr. K N Purshottam. The event was truly fruitful in terms of exchange of knowledge and getting younger minds to think about the strategies to prevent Antibiotic resistance and Environmental sustainability.

Objective

1. Raising awareness about the global challenges of antibiotic resistance and environmental pollution caused by pharmaceuticals.
2. Encouraging scientific research and innovation in the development of sustainable solutions for healthcare and pharmaceutical industries.
3. Inspiring the next generation of scientists and pharmacists to contribute to sustainable development through their work in the field of pharmacy and healthcare.

Outcome

The e-poster presentation competition on antibiotic resistance and environmental sustainability in pharmacy, held on National Science Day, showcased innovative research, raised awareness, and fostered collaboration to address pressing challenges in healthcare and environmental conservation through scientific inquiry and interdisciplinary approaches.



Gender Sensitisation Program

ACU- NSS Unit & 'Women Empowerment Cell' Faculty of Pharmacy - Sri Adichunchanagiri College of Pharmacy, B G Nagara organised Gender Sensitisation Programme on 12-03-2024. Prof. Megha B, Department of HR & OB, Ramaiah Institute of Management, was the Guest Speaker.

Objectives:

- Raise awareness about gender issues and inequalities, aiming to create an inclusive environment
- Educate participants on constitutional rights and safeguards related to gender equality

Outcomes:

- Promotion of gender equality and prevention of gender-based discrimination, such as female foeticide, inequality.
- Development of mutual respect, empathy, and understanding towards individuals of all genders
- Reduction in violence and crimes against men, women, and other genders.



Cyber Security Awareness

ACU- NSS Unit in association with Pharmacology department, Faculty of Pharmacy-Sri Adichunchanagiri College of Pharmacy organized a Guest lecture entitled " *Cyber Security Awareness* " on 18th March 2024 by Mr. Kaushik G N, Assistant Manager- K-tech Centre of Excellence in Cyber Security (CySecK), @ Indian Institute of Science - (IISc), Bengaluru. The Principal, Vice Principal, Heads of Departments, Faculty, as well as undergraduate and postgraduate students attended the session and benefited from it.

Aim: Enhance understanding and awareness of cyber security among students and teachers through an insightful lecture by Mr. Kaushik G N from CySecK at IISc, Bengaluru.

Objectives:

1. Introduce the concept of cyber security and its relevance in today's digital landscape.
2. Highlight various cyber threats and their potential impact on individuals and organizations.
3. Emphasize the importance of practicing cyber hygiene to mitigate risks and safeguard personal and professional information.
4. Provide actionable insights and best practices for implementing effective cyber hygiene measures.

Outcomes:

1. Increased knowledge and awareness among attendees regarding cyber security fundamentals.
2. Improved understanding of potential cyber threats and the importance of proactive measures.
3. Empowerment of students and teachers with practical strategies to enhance their cyber hygiene practices.



World Oral Health Day

ACU- NSS Unit & Department of Pharmacy Practice, Faculty of Pharmacy-Sri Adichunchanagiri College of Pharmacy in association with AH & RC organised Oral health screening program on World Oral Health Day at Department of Dentistry, AIMS on 20 March 2024.



INTERNATIONAL DAY OF GIRLS

ACU- Women empowerment cell in association with NSS Unit, Faculty of Pharmacy-Sri Adichunchanagiri College of Pharmacy, B G Nagara.

Organised “INTERNATIONAL DAY OF GIRLS IN ICT” on 29th April 2024.

B Pharm, Pharm D & M Pharm students are actively participated in this webinar.

Objectives:

- To encouraging and empowering girls and young women to pursue careers and education in information and communication technology (ICT).
- To create a more inclusive and diverse ICT workforce by breaking down barriers and stereotypes that may discourage girls from pursuing ICT-related studies and careers.
- To inspire girls to develop an interest in ICT and pursue educational and career pathways in the field.

Outcomes:

- Increased Awareness and Interest: The event may result in increased awareness among girls and young women about the opportunities available in ICT fields.
- Skill Development: Participants may acquire new skills and knowledge related to ICT, such as coding, programming, digital literacy, cybersecurity, or data analysis.
- Confidence Building: Engaging in ICT-related activities and interacting with peers, mentors, and role models can boost participants' confidence and self-efficacy.
- Inspiration and Empowerment: Girls and young women may feel inspired and empowered by hearing success stories and experiences shared by female leaders and role models in the ICT sector.



ADICHUNCHANAGIRI UNIVERSITY
Estd. under ACU Act, 2012 (Karnataka Act No. 18 of 2013)
B G Nagara - 571448, Karnataka, India

FACULTY OF PHARMACY
SRI ADICHUNCHANAGIRI COLLEGE OF PHARMACY
WOMEN EMPOWERMENT CELL

INTERNATIONAL DAY OF GIRLS IN ICT

VENUE: YUVALAYA
DATE: 29-04-2024
TIME: 10.00 AM

World Asthma Day

ACU- Faculty of Pharmacy, Sri Adichunchanagiri College of Pharmacy
Department of Pharmacy Practice & NSS Unit of the college in association with IPA Karnataka State Branch observed World Asthma Day on 2 May 2024 at Adichunchanagiri Hospital & Research Center, B G Nagara.

The Pharm D interns of the department performed disease and medication counseling for all the inpatients with Asthma and also distributed information leaflets to all the visitors at the hospital with the motto of creating awareness about the disease.

"Creating awareness about the disease is the first step to improve patient medication adherence and condition"

WORLD ASTHMA DAY



Faculty of Pharmacy
Sri Adichunchanagiri College of Pharmacy
B.G. Nagar, B.G. Nagara

World Asthma Day

Know How to Use Your Asthma Inhaler

Tips for correct use

- Shake the inhaler before use.
- Breathe out fully.
- Hold the inhaler in the right position.
- Breathe in deeply as you puff the medicine into your mouth, then hold your breath for as long as possible (and for at least 5 seconds).
- Make sure you shake the inhaler in between puffs

Ashma Care for All

Department of Pharmacy Practice



World No Tobacco Day

ACU- NSS Unit, Faculty of Pharmacy-Sri Adichunchanagiri College of Pharmacy, B G Nagara Organized the World No Tobacco Day on 31 may 2024. The event began with a formal address and introduction of faculty members, including Dr. Kiran Kumar, Mr. Jayanth, and Mr. Suhas. An oath ceremony led by Harshita M. Swamy and Darshan R. instilled values of integrity and dedication. A thought-provoking video highlighted the harmful effects of tobacco use, while presentations by Kavana and Kavya from 3rd year PharmD provided in-depth insights into tobacco abuse. Engaging activities maintained audience interest, demonstrating effective learning through creative methods. The event successfully raised awareness about the health risks of tobacco and advocated for policies to reduce its consumption.

Objectives:

- ✓ Raise Awareness: Educate attendees about the health risks associated with tobacco use.
- ✓ Advocate for Policies: Promote the implementation of effective policies to reduce tobacco consumption.
- ✓ Encourage Integrity: Instill a sense of integrity, honesty, and dedication through an oath ceremony.

Outcomes:

- ✓ Increased Awareness: Attendees gained a better understanding of the health risks related to tobacco use.
- ✓ Policy Advocacy: The event reinforced the importance of policies aimed at reducing tobacco consumption.
- ✓ Values Instilled: The oath ceremony effectively promoted values of integrity and dedication among participants.



World Food Safety Day

World Food Safety Day, observed annually on June 7th, highlights the importance of food safety and encourages actions to prevent, detect, and manage foodborne risks. In 2024, the theme is "Food Safety: Prepare for the Unexpected." This theme underscores the necessity of being vigilant and prepared for unforeseen food safety challenges. NSS UNIT- Sri Adichunchanagiri College of Pharmacy organized an event to commemorate this day, emphasizing the importance of proactive measures in ensuring food safety.

The event saw enthusiastic participation from students and faculty members. The program included expert talks, student presentations, and a pledge-taking.

Objectives

1. Raise Awareness: To increase awareness about the importance of food safety and the need for preparedness against unexpected food safety hazards.
2. Educate: To educate students and participants on the latest food safety practices and technologies.
3. Engage: To engage students in discussions about current food safety scenarios and their implications.
4. Promote Responsibility: To instill a sense of responsibility among students regarding food safety in their personal and professional lives.

Outcomes

1. Increased Awareness: * The event successfully raised awareness among students and faculty about the critical importance of food safety.
2. Enhanced Knowledge: Participants gained valuable insights into the latest food safety practices and technologies.
3. Student Engagement: The active participation of students in discussions and presentations fostered a deeper understanding of food safety issues.



Traffic Awareness Program

NSS Unit-Faculty of Pharmacy ***Sri Adichunchanagiri College of Pharmacy, B.G Nagar***

On 18th June 2024, Sri Adichunchanagiri College of Pharmacy, under the auspices of Adichunchanagiri University, organized a Traffic Awareness Program. The event aimed to educate and sensitize students and faculty about traffic rules and road safety, promoting responsible behavior on the roads.

Event Overview:

The program began with a formal address and the introduction of distinguished faculty members, Dr. Bharthi D R (Principal) Dr. Rajeshn venkatraman, and Mr. Shiva Ganesh. The session was led by Kapil and Manjula R, while Rajath Nag R. and Dhruthi R. extended a warm welcome to the gathering. Invocation song by Gururaj M.G. and Sowmya H.L. provided an insightful start to the session, followed by an oath-taking ceremony that underscored the importance of traffic safety.

Interactive Session:

The session was highly interactive, engaging both students and faculty. Activities such as the Winning Memory Game, facilitated by Rohith and Chandan M.M., and the Debate Game, managed by Thejaswini H.R. and Vidyashree H.N., played a significant role in maintaining audience interest and enhancing the learning experience through creative and interactive methods.

Objectives:

- **Raise Awareness:** Enhance understanding and knowledge about safety and responsibility on the road.
- **Winning Memory Game:** Promote road safety awareness in schools, colleges, and the community. Aim to reduce injuries and fatalities from road accidents by encouraging safety measures such as wearing seat belts, helmets, and following traffic signals.
- **Debate Competition:** Foster problem-solving and innovative thinking, helping students connect words and ideas to make concepts more meaningful.

Outcomes:

- **Increased Awareness:** Attendees gained a better understanding of traffic rules and safety measures.
- **Policy Advocacy:** The event highlighted the importance of adhering to traffic rules to prevent accidents.
- **Values Instilled:** The oath ceremony effectively promoted values of integrity and dedication among participants.

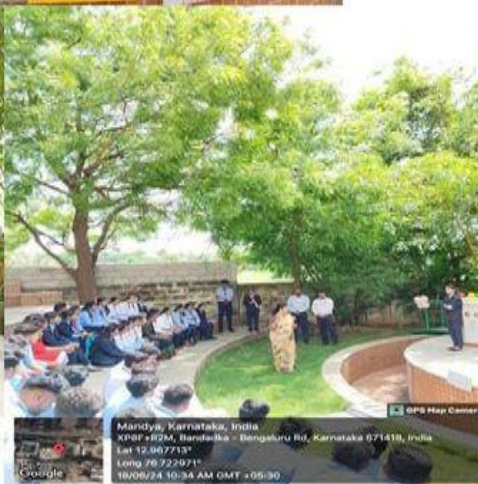
Faculty of Pharmacy
Sri Adichunchanagiri College of Pharmacy
5th Stage - 571418, Karnataka

Organises
"TRAFFIC AWARENESS PROGRAM"

Events
1. Debate Competition
2. Winning Memory

"Road Safety, Our Priority."

18/08/24
11:04 AM
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Her Voice - Her Story

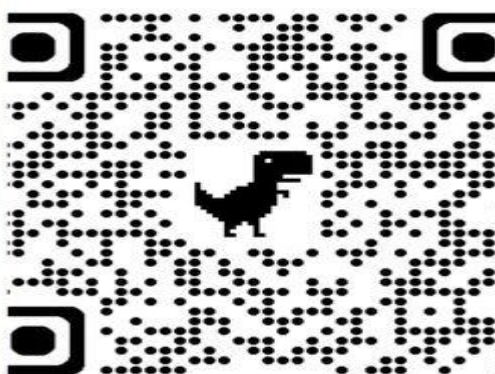
ACU- NSS Unit & Women Empowerment Cell, Faculty of Pharmacy- Sri Adichunchanagiri College of Pharmacy, organized an inspiring event titled "Her Voice - Her Story," featuring a video-making competition that highlighted the narratives and experiences of women. The competition invited participants to create short videos that showcased the diverse stories of women's empowerment, resilience, and achievements.

Objectives:

- The event aimed to provide a platform for voices that often go unheard, promoting awareness and understanding of the unique challenges.
- To raise awareness about the challenges and issues faced by women, both locally and globally.
- The event aimed to foster creativity and active engagement among participants, encouraging them to use video-making as a medium to express their thoughts and ideas on women's empowerment.

Outcomes:

- The competition saw enthusiastic participation from students.
- The videos were judged based on creativity, impact, and the authenticity of the stories presented.
- The competition played a significant role in raising awareness about gender equality issues. By showcasing the unique challenges and successes of women.



DRUG ABUSE PREVENTION AND ILLICIT TRAFFICKING

Adichunchanagiri University , Faculty of Pharmacy -Sri Adichunchanagiri College of Pharmacy

Department of Pharmacy Practice, ISPOR Student Chapter & NSS Unit organized a commemorative event in association with the Central Bureau of Narcotics .

Activitie :

- Awareness Talks: Experts from the field of pharmacy practice and law enforcement delivered insightful talks on the impact of drug abuse and strategies for prevention. They emphasized the role of education, community involvement, and policy initiatives in combating drug abuse.
- Interactive Sessions: Students actively participated in interactive sessions where they discussed case studies, shared their perspectives on drug abuse issues, and learned about the signs and symptoms of substance abuse disorders.
- Pledge Against Drug Abuse: The event concluded with all participants taking a pledge to contribute towards creating a drug-free society. The pledge underscored their commitment to promoting healthy lifestyles and supporting individuals affected by substance abuse.

Objectives:

1. Raise Awareness: To increase understanding among students and faculty about the issues of drug abuse and illicit trafficking, highlighting their impact on individuals and society.
2. Educate Students: To educate students about the signs, symptoms, and consequences of drug abuse, as well as the role of pharmacists in prevention and intervention.
3. Promote Prevention: To promote preventive measures against drug abuse through education, advocacy, and community engagement.

Outcomes:

1. Increased Awareness: Participants gained a deeper understanding of the complexities of drug abuse and illicit trafficking, as well as their impact on public health and society.
2. Empowered Students: Students were equipped with knowledge and skills to recognize early signs of drug abuse, intervene effectively, and advocate for prevention measures.
3. Community Engagement: The event fostered a sense of responsibility among students to actively participate in community-based initiatives and support local efforts against drug abuse.



INDEPENDENCE DAY CELEBRATION

Date : August 15, 2024

Location : ACU Stadium

Dance Theme : Brave Women – Onake Obavva

Sri Adichunchanagiri College of Pharmacy Students participated in the grand Independence Day celebration in Presence of ACU dignitaries at the ACU Stadium, where the theme of the dance performance was centered around the legendary figure Onake Obavva , a woman who displayed extraordinary courage in defending her community against invaders Hyder Ali. Through traditional dance forms, the students depicted the story of Obavva's heroic stand, especially her famous act of single-handedly defending the Chitradurga Fort with a pestle (Onake) using symbolic choreography, costumes, and music to bring her legacy to life.

Audience Reception : The performance was met with widespread applause and appreciation from the audience. Many were moved by the powerful portrayal of Onake Obavva's story, which was a fitting tribute on the occasion of Independence Day.

Acknowledgment : Special thanks to the Principal & Management , faculty members , and students who put in extensive effort to bring this performance to life. Their hard work and commitment truly shone through, making this Independence Day celebration one to remember.



AWARENESS ON NUTRACEUTICAL USE

ACU- Department of Pharmacy Practice & NSS Unit, Faculty of Pharmacy, organised Awareness on nutraceutical use among students in sri bhakthanatha swami high school” was conducted on 4th September 2024 at sri bhakthanatha swami high school .

Overview of the Session:

The primary focus of the session was to guide the students of sri bhakthanatha swami high school regarding the awareness on the use of nutraceuticals and its effectiveness.

Key points covered during the session included:

To analyse knowledge, attitude and practice of nutraceuticals use through questionnaire among health science graduates.

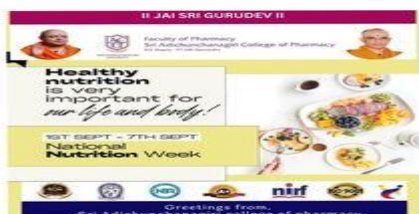
To study and compare the data on Nutraceuticals use.

To measure quality of life in Nutraceuticals users.

To evaluate the level of understanding health science students have regarding nutraceuticals, including their definitions, types, benefits, and potential risks.

Outcome:

The awareness of nutraceuticals among students of Sri Bhakthanatha Swami High School has led to increased knowledge about their health benefits and proper usage. Educating students on these supplements has improved their understanding of nutrition and its impact on well-being. As a result, students are more likely to make informed dietary choices, potentially leading to better health outcomes and enhanced academic performance. The initiative has also fostered a culture of health-consciousness within the school, promoting long-term wellness habits among the youth.



Awareness Programme on Physical and Mental Health of Youth

ACU- women Empowerment Cell & NSS Unit, Faculty of Pharmacy -Sri Adichunchanagiri College of Pharmacy organized an "Awareness Programme on Physical and Mental Health of Youth" On 28-09-2024 at Yuvalaya

Objective:

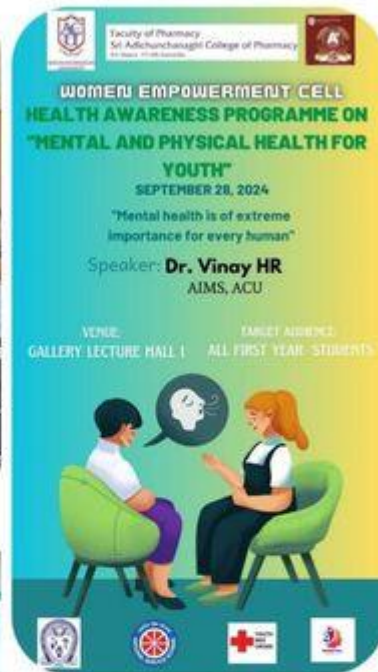
To create awareness among youth about the importance of physical and mental health, and provide resources for maintaining a healthy lifestyle.

Key highlights:

The session was graced by the invited speaker Dr. Vinay H R, Associate professor, Department of Psychiatry, AIMS, ACU. He has enlightened the Importance of balanced diet, regular exercise, adequate sleep and also Stress Management, Anxiety, Depression. And also discussed the co-ordination of different systems in our body for both physical and mental health of individuals. More than 100 students from B.pharm and pharm. D have participated and benefited.

Outcomes:

The awareness programme successfully educated youth about physical and mental health, encouraging them to prioritize their well-being.



District level youth festival

NYKS Mandya

Youth empowerment and sports department Mandya

Nehru yuvakendra Mandya

NSS unit Mandya

The competition was held in B.R Ambedkar bhawan ,Mandya .

With regards to the competition, NSS Volunteer of Sri Adichunchangiri College of pharmacy had participated in various events like Declamation,poetry,story writing,painting ,folk dance ,folk song and thematic exhibition .The Volunteers have also won in different events



World AIDS Day

Adichunchanagiri University NSS UNIT- Faculty of Pharmacy

On December 2, 2024 conducted a meaningful awareness program to mark **World AIDS Day**. The initiative highlighted the theme for the year: "Take the Rights Path: My Health, My Right!"

Objectives of the Program

1. To educate participants about HIV/AIDS, including modes of transmission, prevention, and treatment.
2. To raise awareness about the importance of regular testing and early diagnosis.
3. To address and combat the stigma and discrimination associated with HIV/AIDS.
4. To foster empathy and solidarity with individuals living with HIV/AIDS.
5. To encourage the community to take proactive measures in preventing the spread of HIV.

Program Highlights

1. Awareness Talk

The event began with an awareness talk by student representatives and faculty members, focusing on:

- HIV transmission pathways and preventive measures.
- Advances in antiretroviral therapies and healthcare support.
- The role of society in eliminating stigma and promoting inclusivity.

The speakers effectively used presentations and data to engage the audience, ensuring the message was clear and impactful.

2. Mime Performance

The students performed a thought-provoking mime act, vividly portraying:

- The challenges faced by individuals living with HIV/AIDS.
- The detrimental effects of societal prejudices and ignorance.
- The need for collective action to promote awareness and acceptance.

The silent performance conveyed a powerful message, leaving a deep emotional impact on the audience.



BLOOD DONATION CAMP

**Adichunchanagiri University
NSS Unit- Faculty of Pharmacy**

A blood donation camp was successfully conducted on 6th December 2024 at SACCP Yuvalaya under the initiative of the Department of Pharmacy Practice in collaboration with the National Service Scheme (NSS). The camp aimed to promote awareness about the importance of blood donation and encourage voluntary contributions to save lives. A total of 60 students volunteered and successfully donated blood.

OBJECTIVES

- To promote awareness about the importance of blood donation.
- To encourage students and faculty to contribute to saving lives by donating blood.
- To provide support to blood banks and hospitals by collecting units of blood.
- To foster a spirit of community service among pharmacy students.
- To motivate individuals, especially students and young adults, to donate blood voluntarily.
- To assist local blood banks and healthcare facilities in maintaining an adequate supply of blood for emergencies and medical needs.
- To instill a sense of community service and responsibility among participants, especially students.

OUTCOMES

- Students gained a sense of responsibility and pride in contributing to the community.
- Awareness about regular blood donation as a healthy practice was reinforced.
- The collected blood units were handed over to a partnered blood bank to support patients in need.
- The camp emphasized the role of the pharmacy community in promoting healthcare services.

The event showcased the collective efforts of the Department of Pharmacy Practice and NSS in fostering community service. We extend our heartfelt gratitude to all the donors, volunteers, and organizers who made this event a meaningful endeavor.



Report on Trekking Program in the Divine Presence of Parama Pujya Jagadguru Sri Sri Sri Nirmalanandanatha Mahaswamiji

Adichunchanagiri University,

NSS Unit-Faculty of Pharmacy- Sri Adichunchanagiri College of Pharmacy, BG Nagara
A trekking program was successfully organized on 25 Dec 2024, offering participants a unique blend of physical activity, spiritual enlightenment, and a deep connection with nature. The program saw enthusiastic participation from 51 students and 2 faculty members from our institution.

The event was graced by the divine presence of Parama Pujya Jagadguru Sri Sri Sri Nirmalanandanatha Mahaswamiji, whose guidance and inspiring speech left an indelible mark on the participants. Swamiji emphasized the importance of integrating physical fitness with spiritual growth, highlighting that trekking is not just an exercise for the body but also a journey for the mind and soul.

The trekking provided the participants with an opportunity to explore the beauty of nature. The students expressed their joy in discovering the serenity of the environment, which offered a refreshing break from their daily routines.

The challenging trek tested the endurance and determination of the participants, fostering teamwork, resilience, and a sense of accomplishment.

Swamiji's presence and his profound insights created a spiritually charged atmosphere, inspiring students to lead a balanced life that harmonizes physical, mental, and spiritual well-being.



Makara Sankranti

ACU - Sri Adichunchanagiri College of Pharmacy

Women empowerment Cell in association with NSS Unit

Celebrated a Makara Sankranti festival on 11-1-2025(saturday)

This programme was held in Sri Adichunchanagiri College of pharmacy, B G Nagar and students from pharmacy and teachers had participated in the event

Objective:

- 1.To express gratitude and seek blessings for a prosperous harvest and a positive transition of the Sun into the Northern Hemisphere.
- 2.To inspire young minds to come forward and put forth their thought on development of our nation.
- 3.To boost confidence among youth in active participation.

Outcomes:

- 1.Cultural Preservation: The festival helps preserve traditional customs, music, dance, and rituals passed down through generations, ensuring the continuity of cultural heritage.
- 2.Community Bonding: Sankranti fosters a sense of unity and togetherness.
- 3.Spiritual Renewal: engage in spiritual practices.



Health Camp

ACU - Sri Adichunchanagiri College of Pharmacy

3 NSS volunteer participated in a Health Camp organised by Adichunchanagiri Hospital held in Chunchadri raitha sante, Mayasandra, Tumkur district on 12 January , 2025. Doctors and students from various departments had participated in providing healthcare to the community.

OBJECTIVES

1. To provide free health check up to the community
2. Educate participants about common health conditions, their prevention, and management.
3. Offer medical consultation and guidance to people in rural and underserved areas.

OUTCOMES

1. Improved Health Literacy: Empower the community with knowledge to manage and prevent common health issues.
2. Early Detection of Diseases: Identify individuals at risk of chronic diseases and refer them for further treatment.
3. Increased Awareness about Healthcare Services: Inform the community about available healthcare facilities and encourage their utilization.
5. Pharmacy Student Development: Provide an opportunity for pharmacy students to engage in community service, develop communication skills, and gain practical experience in patient care.

Mutual co-operation from the general public helped us to screen around 500 patients and created awareness for their healthy physical, social and mental development.



Health Camp

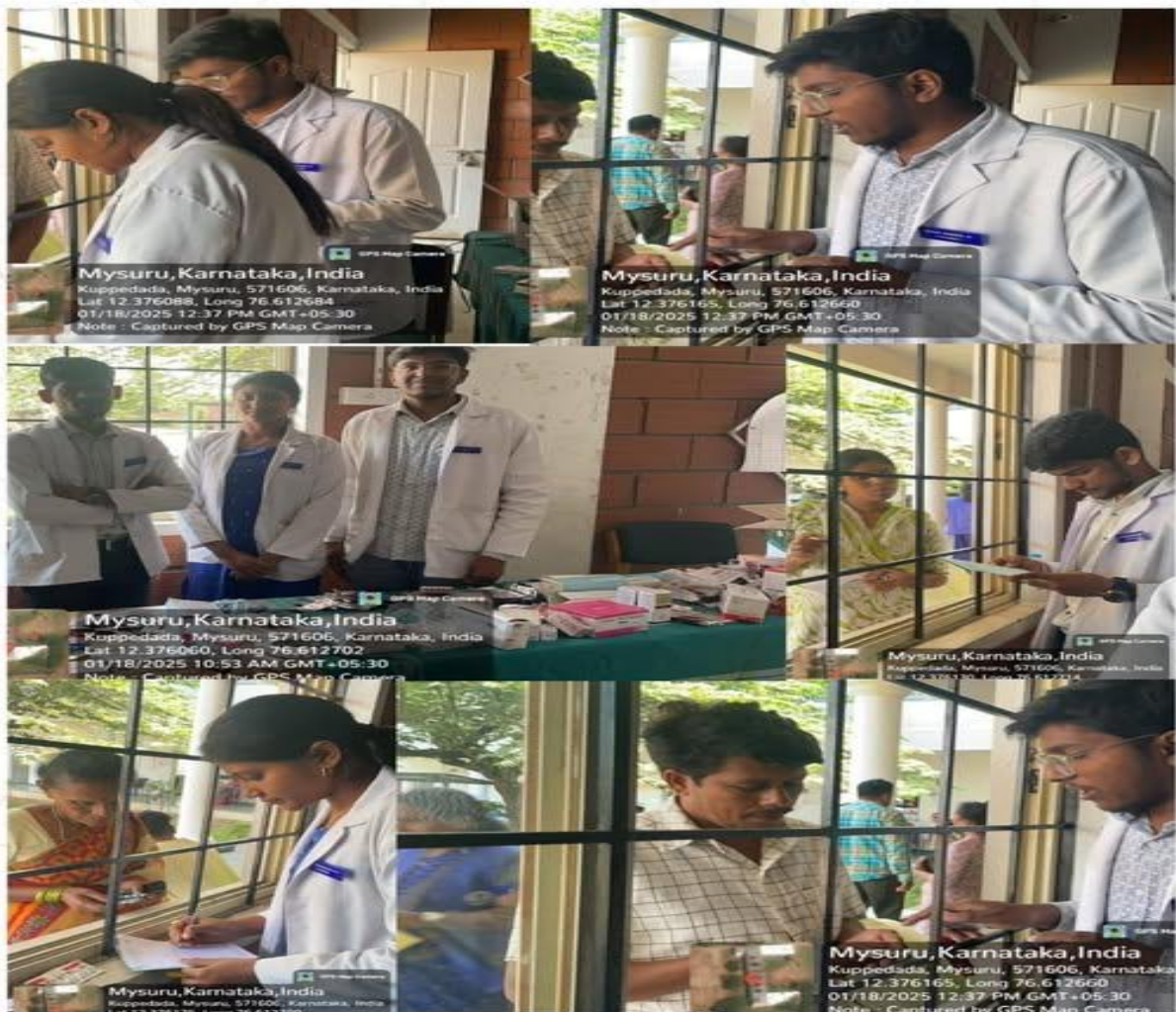
3 Volunteer has participated in a Health Camp organised by Adichunchanagiri Hospital held in the Oxford high school ground, Megaerahalli, Mandya district on 18 January, 2025. Doctors and students from various departments had participated in providing healthcare to the community.

OBJECTIVES

1. To provide free health check up to the community
2. Educate participants about common health conditions, their prevention, and management.
3. Offer medical consultation and guidance to people in rural and underserved areas.

OUTCOMES

1. Improved Health Literacy: Empower the community with knowledge to manage and prevent common health issues.
 2. Early Detection of Diseases: Identify individuals at risk of chronic diseases and refer them for further treatment.
 3. Increased Awareness about Healthcare Services: Inform the community about available healthcare facilities and encourage their utilization.
 4. Pharmacy Student Development: Provide an opportunity for pharmacy students to engage in community service, develop communication skills, and gain practical experience in patient care.
- Mutual co-operation from the general public helped us to screen around *430* patients and created awareness for their healthy physical, social and mental development.



World Cancer Day

ACU - Sri Adichunchanagiri College of Pharmacy

NSS Unit & Department of Pharmacy Practice organized World Cancer Day on February 4, 2025, at Yuvalaya.

This year's theme, United by Unique, emphasized the importance of collective efforts and personalized approaches in cancer prevention, treatment, and care.

The event aimed to raise awareness, educate attendees, and encourage proactive cancer prevention strategies.

Objectives

- To spread awareness about cancer prevention, early detection, and treatment.
- To highlight the role of pharmacists and healthcare professionals in cancer management.
- To engage students and professionals in interactive discussions through competitions and activities.

Various competitions were conducted to enhance knowledge and critical thinking among participants, including:

Quiz Competition

Debate Competition

Drawing Competition

Outcomes

- Increased awareness and understanding of cancer prevention and treatment among students and attendees.
- Active engagement of participants in knowledge-based activities, fostering critical thinking.
- Strengthened collaboration among healthcare professionals and students to promote cancer advocacy.



World Oral Health Day

ACU- Faculty of Pharmacy, Sri Adichunchanagiri College of Pharmacy

In observance of *World Oral Health Day (March 20), the NSS Unit, in collaboration with the Dental Department of Adichunchanagiri Hospital organized "Oral Health Education & Dental Health Check Up camp" On 21 March 2025 at Adichunchanagiri Hospital, B G Nagara.

Objective of the Event: The objective was to educate participants about oral health's role in overall well-being and to provide dental health services to the students.

Event Activities:

1. Oral Health Education Session:

- Dentists and healthcare professionals provided an interactive session explaining the basics of oral hygiene, including proper brushing techniques, dietary recommendations, and the prevention of common dental diseases like cavities and gum disorders.

2. Dental Health Check-Up:

- A systematic dental examination was conducted for student volunteers.
- Individuals received personalized feedback and guidance on their oral health condition.
- Dental professionals recorded the findings and suggested further treatments wherever necessary.

3. Distribution of Educational Material:

- Pamphlets and informational leaflets regarding oral hygiene practices were distributed to all participants.

