

॥ ज्ञेयो इहो ह्यपराधेष्ट ॥



ADICHUNCHANAGIRI  
UNIVERSITY

## Sri Adichunchanagiri College of Pharmacy

B.G. Nagara - 571448, Karnataka



॥ ज्ञेयो इतो ह्यनूपवेष्टव्य ॥



ADICHUNCHANAGIRI  
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'सा विद्या या विमुक्तये' | "sā vidyā yā vimuktaye"

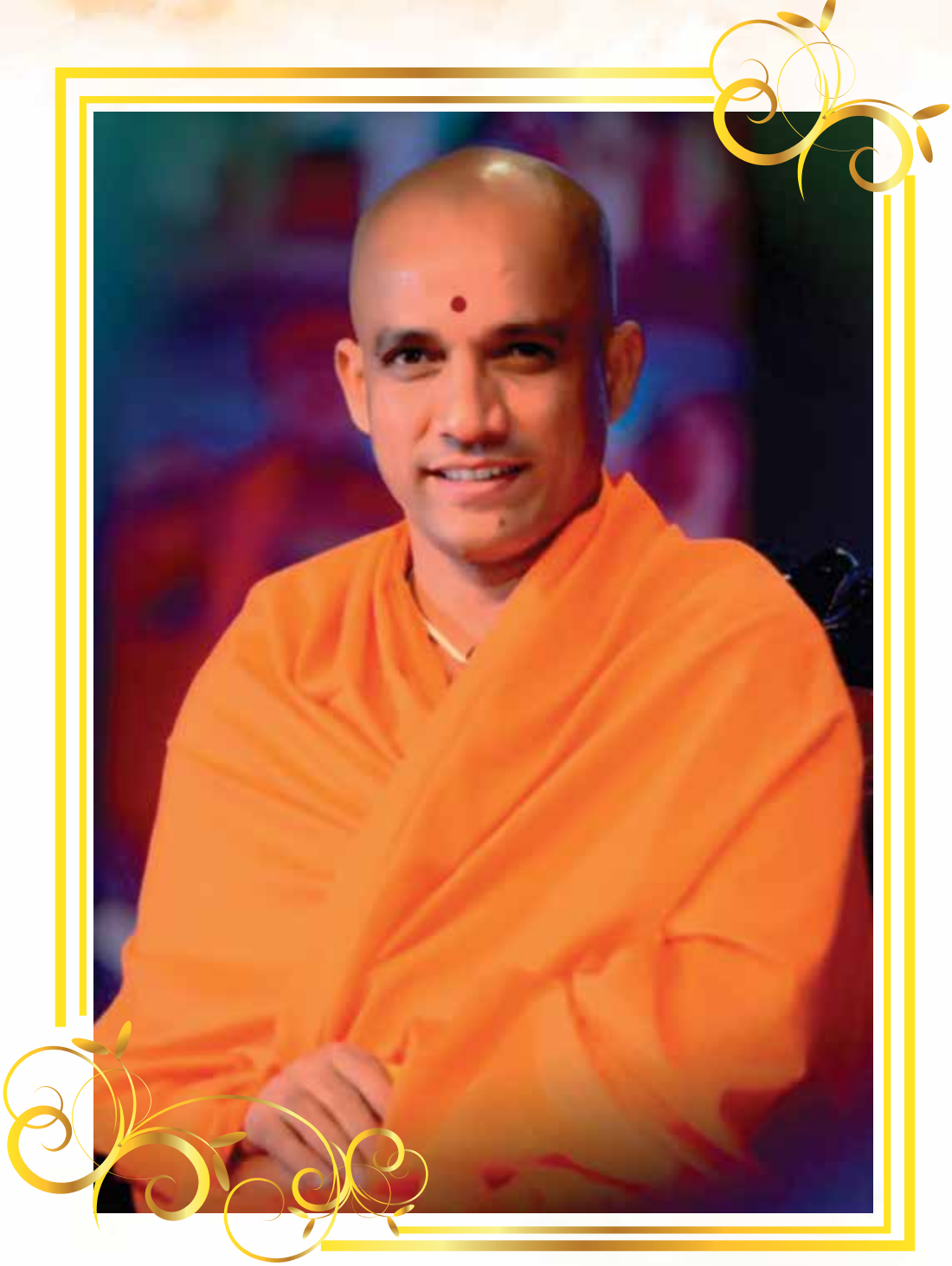
Knowledge or Vidya  
gives Power, Pleasure & Honor.

Both Science and Spirituality enrich us  
with knowledge, which is superior  
& lead us to liberation.

Liberation from Physical, Mental & External  
Bonds is attained through the control of  
external nature with the help of science;  
while liberation from Internal Bonds is  
attained through Ethics and Religion.

Sā vidyā yā vimuktaye  
that which liberates is knowledge

॥ जेवो इगो ह्युगुदेव ॥



His Holiness

**SRI SRI SRI Dr. NIRMALANANDANATHA MAHASWAMIJI**

The Hon'ble Chancellor, Adichunchanagiri University

President, Sri Adichunchanagiri Shikshana Trust (R.)



## Sri Adichunchanagiri College of Pharmacy

### Vision

To Produce Globally  
Competent Pharmacist with  
Skill, Knowledge & Attitude.

### Mission

Impart Quality Education  
with Training to excel in the  
Pharmacy Profession

## Programme Educational Objectives (PEO's)

- Graduates will be able to Identify & Integrate Knowledge in the field of Pharmacy.
- Graduates will be able to Apply Pharmacy Skills in Professional Practice.
- Graduates will be able to Exhibit Professionalism in Health Care System.
- Graduates will be able to Inculcate Ethics in Professional and Social Responsibilities.
- Graduates will be able to Acquire Communication and Leadership Skills to serve the society.





## **Azadi Ka Amrit Mahotsav**

Azadi Ka Amrit Mahotsav is a Government of India initiative to honour and celebrate 75 years of advanced India and the magnificent history of its culture, people, and accomplishments.

This Mahotsav remains dedicated to the Indian people who have not only been instrumental in driving India thus far in its developmental journey and who hold the potential to facilitate Prime Minister Modi's dream of triggering India 2.0, fuelled by the vibrancy of Atmanirbhar Bharat.

In addition, Azadi ka Amrit Mahotsav refers to an epitome of all that is progressive about India's political, socio-cultural, and economic identity. This Azadi ka Amrit Mahotsav officially began on 12th March 2021, which initiated a 75-week countdown to India's 75th Independence anniversary and will complete after a year on 15th August 2023.

## **Understanding Azadi ka Amrit Mahotsav meaning and significance**

Azadi Ka Amrit Mahotsav is celebrated to pay homage to India's freedom movement and freedom fighters. In addition, during this celebration, the country will remember all the significant landmarks during India's independence movement. India will gain new power for future growth, and Azadi ka Amrit Mahotsav reminisces the elixir of the value of freedom.

It echoes motivation from freedom warriors, new visions, new resolutions, and self-dependence. It strives to facilitate the youth and scholars to shoulder the accountability for fulfilling the country's efforts in recording the history of our Independence fighters. Furthermore, it aims to showcase the accomplishments of the independence movement to the world.

The Indian Independence Day is celebrated every year on August 15 to commemorate the nation's freedom and independence.

## **Activities planned under 'Azadi ka Amrit Mahotsav'**

- Curtain Raiser, launching initiatives under India@75: At the curtain-raiser, activities got inaugurated under the theme name India@75. Namely, a website, film, song, Aatmanirbhar Incubator and Aatmanirbhar Charkha.
- PM Narendra Modi inaugurated a website for Amrit Mahotsav. In addition, an 'Atmanirbhar Incubator' was embarked that seeks to help almost 40,000 households involved in the conventional art.

- The Central Government has formed a board under Central Home Minister Amit Shah. The panel will draft policies and planning of different events as part of the festivities.
- The Regional Outreach Bureau has arranged a five-day-long handicraft exhibition in Rajasthan.
- In Madhya Pradesh, Amrit Mahotsav of freedom is getting organized at all 52 district offices of the state, including the areas associated with the freedom movement and Jana Nayaks including Orchha, Niwari district related to Tatya Tope, Alirajpur district, the motherland of Chandrashekhar Azad, Jabalpur with Rani Durgavati and numerous more.
- In Tamil Nadu and Karnataka, exhibitions, cycle jatha, tree plantation, and processions were scheduled to remember the freedom fighters.
- As a part of 'Azadi Ka Amrit Mahotsav,' a tremendous outreach initiative titled 'Conservation to co-existence: The people connect' has been undertaken by the Mumbai Central Zoo Authority. The movement aims to create awareness about protecting specified 75 wild animal species. Persistent public attention for 75 weeks, topping on 15th August, would help accomplish this.

### **Inauguration of 'Azadi ka Amrit Mahotsav' with padayatra**

On 12th March 2021, Indian Prime Minister Narendra Modi launched 'Azadi ka Amrit Mahotsav.' The event happened in Ahmedabad, Gujarat, and the Mahotsav is getting launched from cities that were prominent hubs of India's freedom battle. It included Sabarmati Ashram, Jallianwala Bagh in Punjab, Cellular Jail in Andaman and Nicobar Islands, etc. 'Azadi Ka Amrit Mahotsav' started with the Prime Minister flagging off Dandi March from Sabarmati Ashram.

### **Key highlights of this padayatra**

- It is a metaphorical 386-km "Dandi March" to Dandi in the Navsari district of South Gujarat from Sabarmati Ashram in Ahmedabad.
- The Padayatra started with 81 marchers and will be completed on 5th April 2021 after 25 days.
- It has celebrated the 91st anniversary of the historic salt march ushered in by the Father of the Nation – Mahatma Gandhi.

**ACU - Sri Adichunchanagiri College of Pharmacy in the view of celebrating 75 years of India's Independence - Azadi Ka Amrit Mahotsav, organized a series of activities /events to encourage students to participate and celebrate the landmark achievement.**

## List of Activities Observed to Celebrate 'Azadi Ka Amrit Mahotsav'

| SL.NO | DATE             | ACTIVITIES  |
|-------|------------------|---|
| 1.    | 15 AUG 2021      | INDEPENDENCE DAY  |
| 2.    | 23 AUG 2021      | VACCINATION DRIVE   |
| 3.    | 25 AUG 2021      | ONE DAY TREKKING AND CLEANING DRIVE                                 |
| 4.    | 27 AUG 2021      | PSORIASIS AWARENESS ACTION MONTH                                    |
| 5.    | 5 SEP 2021       | TEACHERS DAY CELEBRATION  |
| 6.    | 16 SEP 2021      | WORLD OZONE DAY   |
| 7.    | 17 SEP 2021      | BLOOD DONATION CAMP   |
| 8.    | 21 SEP 2021      | INTERNATIONAL PEACE DAY   |
| 9.    | 23 SEP 2021      | IDEATION WORKSHOP   |
| 10.   | 24 SEP 2021      | NSS DAY CELEBRATION   |
| 11.   | 24 SEP 2021      | WORLD PHARMACIST DAY  |
| 12.   | 25 SEP 2021      | FIT INDIA RUN   |
| 13.   | 28 SEP 2021      | ETHNIC DAY  |
| 14.   | 5 OCT 2021       | CLEANLINESS DRIVE   |
| 15.   | 14 OCT 2021      | SAY NO TO PLASTIC CAMPAIGN  |
| 16.   | 11 OCT 2021      | WORLD MENTAL HEALTH DAY   |
| 17.   | 13 OCT 2021      | INTERNATIONAL STUDENT'S DAY   |
| 18.   | 12 NOV 2021      | VACCINATION DRIVE   |
| 19.   | 14 NOV 2021      | NATIONAL LIBRARY WEEK   |
| 20.   | 16 NOV 2021      | CHILDREN'S DAY CELEBRATION  |
| 21.   | 23 – 27 NOV 2021 | NATIONAL PHARMACY WEEK  |
| 22.   | 27 NOV 2021      | PHARMA CUP  |
| 23.   | 26 NOV 2021      | WORKSHOP ON RESEARCH PLANNING, SCIENTIFIC WRITING AND COMMUNICATION |
| 24.   | 2 DEC 2021       | NATIONAL POLLUTION CONTROL DAY                                      |
| 25.   | 2 DEC 2021       | BLOOD DONATION CAMP   |
| 26.   | 23 DEC 2021      | PROJECT EXPO  |
| 27.   | 23 DEC 2022      | KISAN DIWAS   |
| 28.   | 8 JAN 2022       | LEGAL ASPECTS OF STARTUP  |
| 29.   | 10 JAN 2021      | VACCINATION DRIVE   |
| 30.   | 11 JAN 2021      | SAY YES TO LIFE, NO TO DRUGS  |
| 31.   | 12 JAN 2022      | NATIONAL YOUTH DAY AND MAKARA SANKRANTHI                            |
| 32.   | 21 JAN 2022      | INDIAN ARMY DAY   |
| 33.   | 23 JAN 2022      | TRIBUTE AND AWARENESS DRIVE   |
| 34.   | 25 JAN 2022.     | NATIONAL VOTERS' DAY  |



|     |                         |  |
|-----|-------------------------|--|
| 35. | 4 FEB 2022              | WORLD CANCER DAY   |
| 36. | 7 FEB 2022              | CASE BASED LEARNING  |
| 37. | 8 FEB 2022.             | SAFER INTERNET DAY   |
| 38. | 15 FEB 2022             | STUDENTS FIELD VISIT   |
| 39. | 18 FEB 2022             | STARTUP IDEA VALIDATION PROGRAM                                |
| 40. | 25 FEB 2022             | FRESHER'S PARTY  |
| 41. | 3 MAR 2022              | PROFESSIONAL ADVANCEMENT PROGRAM                               |
| 42. | 5 MAR 2022              | MEGA HEALTH CAMP-I   |
| 43. | 4 & 5 MAR 2022          | SKILL DEVELOPMENT WORKSHOP                                     |
| 44. | 10 MAR 2022             | INTERNATIONAL WOMEN'S DAY                                      |
| 45. | 24 MAR 2022             | TB AWARENESS PROGRAMME   |
| 46. | 1 APR 2022              | PAKSHA PE CHARCHA  |
| 47. | 5 APR 2022              | CASE BASED LEARNING "AND "SYSTEMATIC REVIEW AND META ANALYSIS' |
| 48. | 7 APR 2022              | WORLD HEALTH DAY   |
| 49. | 9 APR 2022              | CRPF VALOUR DAY  |
| 50. | 10 APR TO 12 APRIL 2022 | ANNUAL SPORTS MEET 2021  |
| 51. | 10 APR 2022             | HEALTH CAMP  |
| 52. | 16 APR 2022             | REPORT ON NATIONAL DENGUE DAY                                  |
| 53. | 19 APR 2022             | AZADI KA AMRIT MAHOTSAV THROUGH GREEN & CLEAN ENERGY           |
| 54. | 21 APR 2022             | WORLD CREATIVITY AND INNOVATION DAY                            |
| 55. | 26 APR 2022             | WORLD INTELLECTUAL PROPERTY DAY                                |
| 56. | 28 APR 2022             | CLINICAL PHARMACY, HEALTH INFORMATICS AND LEADERSHIP           |
| 57. | 1 MAY 2022              | MEGA HEALTH CAMP-II  |
| 58. | 3 MAY 2022              | BASAVA JAYANTI AND EID   |
| 59. | 5 MAY 2022              | CLOSING GAPS IN ASTHMA CARE                                    |
| 60. | 16 MAY 2022             | BUDDHA PURNIMA   |
| 61. | 20 MAY 2022             | INDUSTRIAL VISIT   |
| 62. | 21 MAY 2022             | ANTI-TERRORISM DAY   |
| 63. | 28 MAY 2022             | NATIONAL INTEGRATION CAMP                                      |
| 64. | 29 MAY 2022             | NATIONAL FORMULARY OF INDIA -2021                              |
| 65. | 31 MAY 2022             | WORLD NO TOBACCO DAY   |
| 66. | 5 JUN 2022              | WORLD ENVIRONMENT DAY  |
| 67. | 6 JUN 2022              | ABCDEFGHI  |
| 68. | 10 JUN 2022             | MEGA HEALTH CAMP-III   |
| 69. | 15 JUN 2022             | BLOOD DONATION DRIVE   |
| 70. | 17 JUN 2022             | CLEANLINESS DRIVE  |
| 71. | 21 JUN 2022             | INTERNATIONAL YOGA DAY   |
| 72. | 23 JUN 2022             | BOOSTER DOSE VACCINATION DRIVE                                 |
| 73. | 14 JUNE 2022            | CAREER SKILLS  |
| 74. | 7 JUNE 2022             | WORLD FOOD SAFETY DAY  |
| 75. | 28 JULY 2022            | WORLD HEPATITIS DAY  |

**Convener**  
**Dr. Ramesh B**  
Principal, SACCP

**Coordinator**  
**Mr. Ravindra B N**  
NSS Program Officer

**Associate Coordinator**  
**Mr. Madhu B K**  
Assistant Professor



# Independence Day Celebration

15 Aug 2021

ACU- NSS Unit, Sri Adichunchanagiri College of Pharmacy celebrated the 75th Independence Day on Sunday 15th August 2021.

The Principal, Dr. Ramesh B hoisted the national flag at 8:30 am. All the students and teachers saluted the flag and then sang the National Anthem.

In his speech he told the student about the Supreme sacrifice of great martyrs who gave their lives for the sake of freedom. He also highlighted the importance of youths in preserving the Independence of India.

Followed the cultural programme, Students of various discipline exhibited their talent with respect to patriotism. Students, teaching and non-teaching staff members were participated enthusiastically in the celebration and made the event successful.



75th INDEPENDENCE DAY



# Vaccination Drive - I

23 Aug 2021

ACU- NSS Unit- Sri Adichunchanagiri College of Pharmacy, Rotary BG Nagara club in association with Taluk COVID-19 prevention committee, Nagamangala and AH&RC organized COVID-19 Free Vaccination Drive at ACU campus on 23 Aug 2021.

The Vaccination drive was inaugurated by poojya Sri Sri Sri Dr. Nirmalanandanatha Mahaswamiji, Chancellor Adichunchanagiri University.

During his inaugural speech, he mentioned that Vaccination is the cheapest and most effective way to protect the country against Covid-19.

During the program Dr. M Ashwini, IPS Superintendent of Police, Mandya District.

Principals of all the constituent colleges of ACU were present.

All Teaching and non-teaching staff of ACU and their family members got benefited from the free vaccination drive.





# One Day Trekking and Cleaning Drive

25th Aug 2021

ACU- NSS unit of the College organised one day trekking and cleaning program at Haddinakallu Hanumanthraya Temple, Bairsandra on 25th August 2021.

The aim of the programme was to eradicate the use of plastic in and around temple area. Around 28 NSS volunteers enthusiastically participated in the programme.

During the cleanliness drive around 35 to 40 kg of waste were collected. The collected waste was separated into Biodegradable and Non-Biodegradable waste and disposed. The volunteers also visited different stalls present at the temple area and educated about the dangerous effects of plastic use on environment and advantages of paper bag usage.

Lunch and other necessary refreshments were provided to all volunteers.

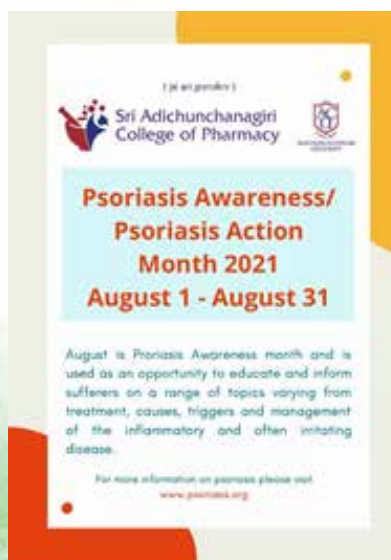
Mr Ravindra B N and Mr B K Madhu Asst Professors coordinated the drive.



# Psoriasis Awareness Action Month

27th Aug 2021

NSS Unit and Department of Pharmacy Practice, SACC in association with AIMS, organized a Psoriasis awareness drive on 27th August 2021 as a part of the event 'Psoriasis Awareness/ Psoriasis Action Month 2021', 1st August - 31st August 2021. The informational booklet was circulated through virtual mode to make aware of the diseases.



## What is psoriasis ?

Psoriasis is a chronic autoimmune condition that causes the rapid buildup of skin cells. This buildup of cells causes scaling on the skin's surface.

Inflammation and redness around the scales is fairly common. Typical psoriatic scales are whitish-silver and develop in thick, red patches. Sometimes, these patches will crack and bleed.

Psoriasis is the result of a sped-up skin production process. Typically, skin cells grow deep in the skin and slowly rise to the surface. Eventually, they fall off. The typical life cycle of a skin cell is one month.



**Psoriasis trigger: stress, alcohol and more**

External "triggers" may start a new bout of psoriasis. These triggers aren't the same for everyone. They may also change over time for you.

The most common triggers for psoriasis include:

- Stress

Unusually high stress may trigger a flare-up. If you learn to reduce and manage your stress, you can reduce and possibly prevent flare-ups.

- Alcohol

Heavy alcohol use can trigger psoriasis flare-ups. If you excessively use alcohol, psoriasis outbreaks may be more frequent. Reducing alcohol consumption is smart for more than just your skin too. Your doctor can help you form a plan to quit drinking if you need help.

**Psoriasis associated with many other conditions which includes:**

- Type 2 Diabetes
- Inflammatory Bowel Disease
- Heart disease
- Psoriatic Arthritis
- Anxiety
- Depression

**Is psoriasis contagious ?**

Psoriasis isn't contagious. You can't pass the skin condition from one person to another. Touching a psoriatic lesion on another person won't cause you to develop the condition.

It's important to be educated on the condition, as many people think psoriasis is contagious.

**Avoid trigger foods**

Psoriasis causes inflammation. Certain foods cause inflammation too. Avoiding those foods might improve symptoms. These foods include:

- red meat
- refined sugar
- processed foods
- dairy products
- Drink less alcohol

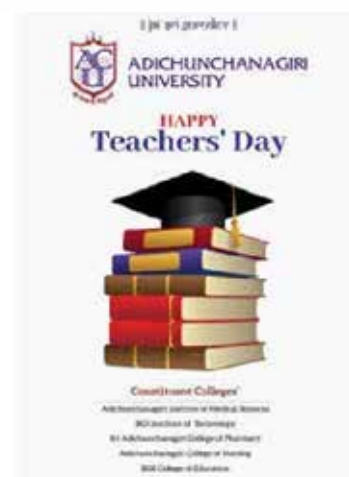
**Don't let psoriasis limit your self confidence.**

## Teachers Day Celebration

5th Sept 2021



NSS Volunteers celebrated the "Teachers Day" on 5th September 2021 with the teachers of SACCP. The event started with cutting of cake and followed by thought circulation by teachers and students on the significance of the day. Students have expressed their gratitude and respect towards their teachers in that day. The event was concluded by the vote of thanks by final year students.





# World Ozone Day

16th Sept 2021

NSS Unit-SACCP Organized an online awareness drive on the occasion of 'World ozone day' on 16th September 2021. Students are made aware of the importance of Ozone layer in earth surface and its impact on human lives. A rally was also organized in Bellur to create awareness.





## Blood Donation Camp - I

17th Sept 2021

ACU-NSS Unit of Sri Adichunchanagiri College of Pharmacy organized Blood Donation Drive in association with AIMS, AH&RC, NSS and Rotary BG Nagara club on 17th Sep 2021 at Yuvalaya.

Blood donation drive was inaugurated by Dr. M G Shivaramu, Principal, AIMS and other dignitaries by watering the plant.

Total of 45 unit of blood was collected during the drive.

A team of doctors and nurses came from AH&RC for collecting the blood.

Students and staffs of SACCP enthusiastically and whole heartedly participated in the drive.

A certificate of appreciation and refreshment was given to each donar as a token of gratitude



## International Peace Day

21st Sept 2021

On the occasion of International Peace Day, NSS Unit of Sri Adichunchanagiri College of Pharmacy organized "Drawing Competition".



The competitions was held on 21st September 2021 at Yuvalaya.

Theme of the competition was "Shaping the Peace Together"

### WINNERS OF THE COMPETITION:

**First Prize: 1000/-**

**ANUSHA H R**  
IV PHARM D

**Second Prize: 500/-**

**JYOTHIKA S**  
II D Pharm



# Ideation Workshop

23rd Sept 2021



Adichunchanagiri center for entrepreneurs (ACE) organized a workshop named 'Ideation Workshop' on 23rd September 2021. The aim of the workshop to encourages the students and faculties for innovation, incubation and startups. The workshop has focused on innovative idea identification, design thinking, problem statements, sector analysis and also ideation to prototype process of new ideas. Students and faculties enthusiastically participated in the workshop and expressed their innovative ideas to the expert panel. The key expert and resource person was Mr. Sachin Kumbhoje, CEO, OpEx Startup Accelerator, Mumbai. Around 200 plus participant were present.



# NSS Day Celebration

24th Sept 2021

Adichunchanagiri University – NSS Sri Adichunchanagiri College of Pharmacy in association with Adichunchanagiri Nursing

BG Nagara organized one day \*Health screening and Health Awareness drive\*.

The campaign was held on 24th September 2021 at Arani village.

The aim of the drive was to create awareness about various general health aspect which will be benefited to the community.

During the campaign, the NSS volunteers conducted the health screening for Hypertension and Diabetes and also done the patient counselling for the same.





## Azadi ka Amrit Mahotsav

The volunteers also visited door to door and distributed the health awareness pamphlets regarding importance of cleanliness and hygiene, Hypertension, diabetes and COVID-19.

At the end of the drive NSS pledge was delivered to all the NSS Volunteers participated in the campaign.

Around 120 villagers got benefitted from this campaign.

The camping was coordinated by Mr. Ravindra B N and Mr. Madhu B K, NSS programme officer, SACCP.Mr. Kanthraju and Mr. Nikil NSS programme officer,ACN



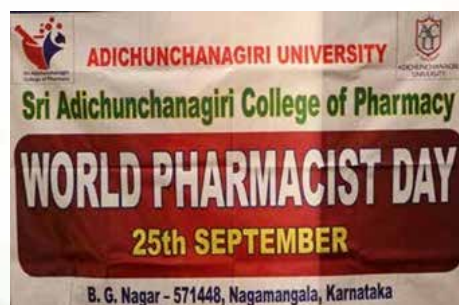
## World Pharmacist Day

24th Sept 2021

World Pharmacist Day - 2021, celebration was organized at Yuvalaya. The theme was "PHARMACY- Always trusted for your HEALTH". Spectrum of events were organized on this occasion. On 24th September 2021, Institutional cultural committee organized a theme based Rangoli Competition where various teams were actively participated with colourful theme based Rangolies.

On 25th September 2021, the inaugural speech on virtual mode was delivered by Dr. Divakar Goli, Vice- Chancellor, Raffles University, Neemrana Rajasthan, on the theme high lighting the importance and role of Pharmacy and pharmacist in the healthcare.

A Speech was presented by the Anjali C N, student of VIIIth semester B. Pharm on 'why and how pharmacy plays a major role of trust in healthcare', with special emphasize on current COVID pandemic. Later, a Poster presentation on the theme of WPD-2021 was organized and students of various disciplines were took enthusiastic participation.





## Fit India Run

25th Sept 2021

On the eve of India celebrating its 75th years of Independence, ACU NSS had organised 'Fit India Run', program on 25th September 2021. Dr. C K Subbaraya, Registrar, ACU initiated the program. Dr. M G Shivaramu, Dr. A T Shivaramu, Dr. B Ramesh, NSS program coordinator Prof. N Ramu, NSS program officers and 150 selected NSS volunteers from the constituent colleges took part in the program from all different constituent colleges.



## Ethnic Day

28th Sept 2021

"Ethnicday-2021"celebration was organized by the final year students on 28th September 2021.The day aim sat celebrating different cultures and ethnic groups. The day helps reconnect people with traditional and cultural roots and promote the true essence of age-old customs and traditions that have helped forged the different civilization around the world. On this exuberant and colourful day, student and faculties celebrate the rich culture of India by wearing ethnic outfits. Complementing the beauty of their traditional dresses, people celebrate their traditional ornaments and accessories as they adorn their outfits with. The event also marks the day by gifting handicrafts, sweets, and musical instruments to each other and also organise cultural events on the day and explore the traditional themes by relishing traditional food and enjoying music.







## Cleanliness Drive - I

5th Oct 2021



ACU- NSS unit of all the constituent colleges together organized one day cleanliness drive at adopted village Bommadevarahalli on 5th Oct 2021.

Theme: Clean Village - Green Village

Around 145 NSS volunteers and NSS programme officers of all the constituent colleges were participated in the programme





# Say No to Plastic Campaign

14th Oct 2021

ACU- NSS Unit, Sri Adichunchanagiri College of Pharmacy, B G Nagara

Conducted online quiz on 14th oct 2021 to create awareness on Say No to Plastic campaign.

- A program was organized by the NSS unit of the college.
- The event commenced at 2PM and went on till 5 PM.
- The main motto of the program was to eradicate the use of plastic.
- Total 70 NSS volunteers of the college were actively involved in the program.
- The NSS volunteers have taken an initiative to organize a program of plastic free around the campus.
- After the program necessary refreshment was provided to all the participants.

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**Sri Adichunchanagiri College of Pharmacy**

**SAY NO TO PLASTIC**

Do not think any action is small to take care of environment; every tiny steps counts

“

Plastic pollution is a problem that the whole world is facing together. We are finding microplastic pieces in our waterways, the food we eat, and the water we drink. Collectively, we need to take action and say no to plastic.

Plastic waste does not degrade at a sustainable rate. The more we continue to make, the more waste continues to build up. When plastic waste does not get disposed of properly it ends up in the environment which is causing devastating impacts. Each single-use plastic item we use today is adding to the mass problem of tomorrow.

Rotary B.G. Nagara Club ID 87512

ADICHUNCHANAGIRI UNIVERSITY

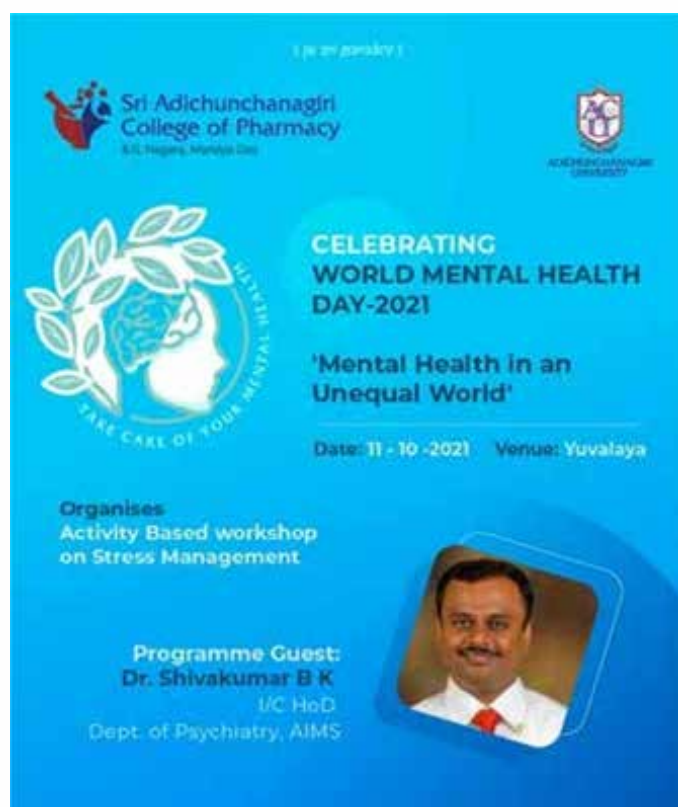




# World Mental Health Day

11th Oct 2021

Institutional NSS unit in association with Department of Psychiatry, AIMS, organized a workshop on "Stress Management" on the occasion of observing "World Mental Health Day-2021" on 11th October 2021. Dr Shivakumar. B.K, Associate Professor and HOD, Dr. Vinay H.R, Assistant Professor and team from the Department of Psychiatry & Clinical psychology were the resource persons for the workshop. The B Pharm & M Pharm students were the participants, the various stress management activities like balloon balance & communication enact are conducted. The key messages regarding handling adversities by adolescents was communicated at the end.





## International Student's Day

13th Oct 2021

NSS Unit - SACCP celebrated Dr. APJ Abdul Kalam's Birth Anniversary as 'International Students Day' on 13th October 2021 at Yuvalaya as a part of "Azadi Ka Amrit Mahotsav". The program was to honour our People's President Dr. APJ Abdul Kalam, for his contribution to our nation. Students and staffs delivered speech and also participated in quiz competition. The program was culminated with a tribute video to motivate the young minds to follow the legacy of Dr. Kalamsir.



## Vaccination Drive - II

12th Nov 2021



Institutional NSS unit in association with ACU-NSS Unit and AIMS/AHRC & PHC Bellur organised second open vaccination drive on 12th November 2021 at Yuvalaya, SACCP with the aim of vaccine for all. Around 120 participants including students, teaching and non-teaching staffs got benefited from this vaccination drive.



## Cleanliness Drive - II

15th Nov 2021

The NSS and UBA unit of the College, Rotary Club BG Nagara, organized a cleanliness campaign at B G Nagar Railway Station on 15 Nov 2021 as part of the Swachh Bharat Mission of Govt. of India.

The programme was inaugurated by Mr. Anil Kumar Rajak (Station Superintendent),

Mr. Girish R (Station Master) and Mr. Ravindra B N (NSS Programme Officer).

Around 35 NSS volunteers participated in the work relating to the cleaning of the platforms and pathways of the railway station.

*Photos next page....*





## Children's Day Celebration

16th Nov 2021

NSS Unit -SACCP, Azadi Ka Amrit Mahotsav is an initiative by the Government of India to celebrate and commemorate 75 years of progressive India and the glorious history of its people, culture and achievements, in this connection Children's Day was organised by SACCP on 16th November 2021 at Government Primary School, Bellur. On this occasion importance of Children's Day celebration, rights of children and Jawaharlal Nehru's affection towards children's was told to students. Books on Science/History etc were distributed and interacted with the students.





# National Pharmacy Week

23rd - 27th Nov 2021

National Pharmacy week was celebrated on the theme of Pharmacist: Integral part of health care. The event was organized by Dept. of Pharmacy Practice on 23rd - 27th November 2021. In this programme, student has exhibited an exhibition on the theme of 'Go green' and followed by drawing competition. Asapart of the Celebration, on 25th November 2021, a Drawing competition was conducted for the students at library on the theme "Pharmacist: Integral Part of Healthcare ". There were 9 teams from various classes. In the afternoon session, Pill Ri Reading Competition was conducted at Yuvalaya. Therewere12teams from various classes. The winners were the students of IV B Pharm. Followed by it, in the evening cultural competition was conducted for the students at, Yuvalaya. There were 6 teams for Dance in a Circle Competition and 4 teams for Synchronized Dance Competition.

As a part of NPW celebration on 24th November 2021, an Essay Writing Competition was conducted for the students at Yuvalaya. There were nearly 15 participants from various classes. In the afternoon session, Treasure Hunt Competition was held for the students. Nearly 15 teams were enrolled for the primary screening round, from which 5 teams were qualified for the competition.





## Pharma Cup

23rd - 27th Nov 2021

Institutional Games and Sports unit organized Pharma Cup 2021, cricket tournament in the view of National Pharmacy Week during 23rd- 27th November 2021. Around 8 teams were participated in the tournament.



## Workshop on Research Planning, Scientific Writing and Communication

26th Nov 2021

SACCP Organized a workshop on the critical phases of effective research planning, scientific writing, and communication in collaboration with CORMIL, CMPAT, CRI, and AIM Mon 26th November 2021. Over 207 delegates from the constituent colleges of Adichunchanagiri University and other organizations have attended this workshop.

Dr. G. Jagadeesh delivered the Basic concepts of the research process, cornerstones of a research project, and essential documents of manuscript submission to an indexed journal. Prof. Balakumar Pitchai described versatile search engines and Art of scientific writing. A practical session on 'Mendeley' for referencing and Graph Pad for statistical analyses was engaged by Dr. B. N. Srikumar. All the students, research scholars, post-graduates and faculty members were highly benefited from the presentations.







## National Pollution Control Day

2nd Dec 2021

On the Occasion of National Pollution Control Day on 2nd December 2021, Institutional Women Empowerment Cell in association with IIC and NSS unit Organized the Drawing Competition on Theme "Pollution and its awareness". Around 6 teams were participated in the competition.

## Blood Donation Camp - II

2nd Dec 2021

ACU – NSS unit of Sri Adichunchanagiri College of Pharmacy in association with all other constituent colleges of the university had organized BLOOD DONATION CAMP on 02-12-2021 at AIMS Auditorium.

Dr. C K Subbaraya, Registrar, ACU inaugurated the program, Dr. B Ramesh, Dr. Sagar, Mr. Umesh, Prof. N Ramu, NSS program coordinator, NSS program officers of constituent colleges of the university were present.

A total of 130 NSS volunteers from all the constituent colleges donated blood during the program.





## Project Expo

23rd Dec 2021

SACCP Organised "Project Expo - 2021" on 23rd December 2021, to showcase the research talents, Innovativeness, the creativity of students. Five groups of 5 students from various programmes were participated and exhibited their projects. Dr. Vinay H R, Assistant Professor, Dept. of Psychiatry, AIMS, Dr. Prakash Goudanavar, Prof. & Head, Dept. of Pharmaceutics, Mr. Tripathy A. S, Asst. Prof, Dept. of Pharmacognosy, have evaluated these presented models.

Manoj K S, Nandan C, Pavan Tukaram, ArifKhan from III sem B. Pharm, secured 1st position followed by Abhishek T. S, Keshavmurthy B. H, Gaganraj B of B Pharmacy III semester secured 2nd position. Priyanka K. M of M Pharm (Pharmaceutics) III semester, Pavan Kumar C. M, Venkatesh Vrasad S. N, Chandan T. S, Chandrakantha G. K of B Pharmacy VII semester received consolation prizes.





## Legal Aspects of Startup

23rd Dec 2022

Adichunchanagiri Centre for Entrepreneurs, an Incubation centre organized a seminar on Legal aspects of start-up on 8th January 2022, by online in Microsoft Teams platform. Mr. CS Mangesh Anandaro Narvekar was the resource person who addressed the special start up student team and selected faculty of SACCP. The presentation covered all the basic aspects of the company registration process, its pros and cons of each legal entity also various aspects of IPR, proceed of approach for the same and their importance in the present scenario. The session addressed about the startup and their legal implications and advantages for starting the business. Furthermore, the speaker answered all the queries of students and faculty present on the platform. Students and faculty were also suggested for one more presentation on section 8 company and role of incubation centre in handling the financial aspects of start-ups. The entire session was coordinated by Dr. Vedamurthy Joshi, Coordinator, ACE under the guidance of Dr. B Ramesh, Principal, SACCP, BG Nagara.



## Say Yes to Life, no to Drugs

11th Jan 2022

NSS unit conducted a e-pledge awareness campaign as a part of the "Nasha Mukta Bharat Abhiyan" of Government of India, Norcotics Control Bureau, Bangaluru is undertaking various campaigns to create awareness about the ill effects of drug consumption. With a view to achieve the aforesaid goal, an e-pledge titled "Say yes to life, No to Drugs" has been up-loaded. The objective of this pledge is to spread the messages of ill effect of drugs. Students were actively participated in this campaign.



## National Youth Day and Makara Sankranti

12th Jan 2022

NSS unit conducted a e-pledge awareness campaign as a part of the "Nasha Mukta Bharat Abhiyan" of Government of India, Norcotics Control Bureau, Bangaluru is undertaking various campaigns to create awareness about the ill effects of drug consumption. With a view to achieve the aforesaid goal, an e-pledge titled "Say yes to life, No to Drugs" has been up-loaded. The objective of this pledge is to spread the messages of ill effect of drugs. Students were actively participated in this campaign.



## Vaccination Drive - III

10th Jan 2022

NSS Unit of SACCP Organized vaccination drive for the fresher students on 10th January 2022. First year students of all programmes were benefited with the event.



## Indian Army Day

21st Jan 2022

Celebrated Indian Army Day in the commemoration of late General Sri K M Cariappa as a tribute to Indian Army, on 21st January 2022 at Yuvalaya. Sri Hemaraja, retired BSF soldier graced the event as a chief guest and shared his experience on safeguarding the country and having contributed to the service for nearly 25 years. Dr. B Ramesh, Principal, SACCP expressed his view and encouraged young minds though his inspiring words on this very auspicious moment. Students exhibited their talents giving speech, dance and song performances. Staff and Students of I Year B pharm and Pharm D witnessed the event.



## National Voters Day

25th Jan 2022

An awareness drive was conducted among the young voters regarding the voting rights on National voters' day on 25th January 2022.



## Republic Day Celebration Report

26th Jan 2022

- ACU-AIMS, SACCP, ACN and Rotary B G Nagara, celebrated the 72nd Republic Day on Tuesday 26th January 2022.

- Principals, staffs and the students of all the constituent colleges of ACU were participated enthusiastically.

- The program was initiated with flag hoisting by the Dr MG Shivaramu, Principal AIMS and other dignitaries followed by national anthem, cultural activities (Patriotic song/Dance) from the students and the event was graced by distributing the study materials to the school children.





## World Cancer Day

4th Feb 2022



Department of Pharmacy Practice, had organized a webinar in World Cancer Day 2022 on 4th February 2022 at Yuvalaya. The Resource Person was Dr. Priyank Tripathi, Clinical pharmacologist and manager, Department of clinical pharmacology, HCG Speciality Centre, Bengaluru. Apart from the students been joined the meeting via online link, the session was lively broadcasted at Yuvalaya for students as well. The session highlighted on the theme "close the care gap" focussing on accessibility of cancer care for everyone. The session was attended by nearly 170 students.



## Case Based Learning

7th Feb 2022



Department of Pharmacy Practice, organised a Webinar on "Case Based Learning" on 7th February 2022 for IV & V Pharm. D Students & Pharm. D Interns. The Speaker was Dr. Girish Thunga, Assistant Professor, Department of Pharmacy Practice, MCOPS, MAHE, Manipal. Nearly 70 students were attended the webinar.



## Safer Internet Day

8th Feb 2022



Safer internet day was been celebrated by circulating the digital leaflet in social medias on 8th February 2022.

## Students Field Visit

15th Feb 2022

Diploma in Pharmacy first year students conducted a field visited ACU - Garbage Treatment Plant, Sewage Treatment, Bio- medical Waste Treatment Plant. B G Nagara, along with Class teacher on 15th February 2022 to explore and familiarize a field visit facility to carry out their research work effectively. Nearly 57 students attended the filed visits program and it helped the students to clear the apprehensions about their career to an extent. Under the guidelines of Mr. Arunkumar



and Mr. Kirankumar, his team Explained in detailed and demonstrated equipment's- Garbage Treatment Plant, Sewage Treatment, Bio- medical Waste Treatment Plant etc



## Startup Idea Validation Program

15th Feb 2022

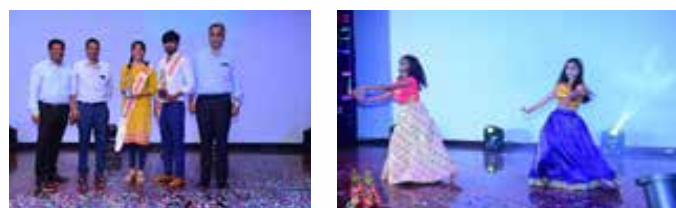
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## Fresher's Party

25th Feb 2022

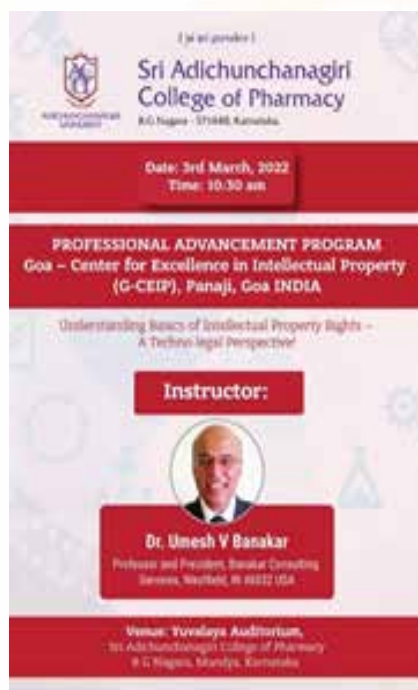
Fresher's Party was organised on 25th February 2022 for the Students of First Year (batch: 2021-2022)-D Pharm /B. Pharm/Pharm D and M. Pharm by 5th Pharm. D students and complemented by students of other courses as well. The program "ESPERANZA FIESTA 2022" began with lamp lightening and inaugural speech by beloved Principal, HOD's and Principal of BGS model public school, Mrs. Kusuma. Freshers along with their seniors got a chance to showcase their talent by a stunning Ramp walk, various Dance performances like solo, Duo, Group dances followed by small games to make the function trickier and fun! Based on the results of ramp walk and questionnaire to short listed participants, Mr and Ms SACCP were announced. Nearly 500 students, teaching and non-teaching staff attended the event.





# Professional Advancement Program

3rd Mar 2022



Organized one day seminar on Professional Advancement Program- Understanding Basics of IPR- A techno legal prospective by Dr. Umesh V Banakar, Professor and President Banakar consultancy services, USA on 3rd March 2022 at Yuvlaya auditorium. Dr.Umesh V Bankar in his presentation highlighted basic principles in analysing and potential interpretation of the technical information provided in patent with some studies. Around 120 Research scholars, post graduate students from various departments of Sri Adichunchanagiri College of Pharmacy and M. Sc students of ACU-CRI (Centre for Research and Innovation) actively participated and benefited from the seminar.



## Mega Health Camp - I

5th Mar 2022

A team of 21 comprising of Pharm. D Students, M. Pharm Students and the Ph. D Scholars from Department of Pharmacy practices attended the Mega Health Camp organized by Adichunchanagiri Hospital & Research Centre on 5th March 2022 at K.R Pete. The various departments of AH&RC and various institutions under Sri Adichunchanagiri Shikshana Trust were unified for the successful conduct of Mega camp wherein nearly 12000 people attended the same. The students from SACCP were actively involved in dispensing and patient counselling.



## Skill Development Workshop

5th Mar 2022

Institutional Placement cell, organized 2 days Skill Development Workshop in association with Arivu Skill Development Academy on 4th and 5th March 2022 at Yuvlaya. Facilitator was Mr. H V Vishvesh, Director, Arivu Skill Development Academy, trained the final year Pharm D and

M Pharm students on various topics. On Day-1, In his presentation he covered the following topics Basics of Business Communication, Presentation Skills & Writing Skills, Assertiveness (Communication style), On Day-2 he trained the students with activities like Introduction to Career Guidance, RESUME Writing, Preparing for Group Discussion, MOCK Group Discussions, Preparing for Personal Interviews, MOCK Personal Interview etc. Around 64 students actively participated and benefited from the workshop.



## International Women's Day

10th Mar 2022



Women Empowerment Cell, SACCP celebrated International Women's Day on 10th March 2022. Various contests were organized such as Cook off Challenge, Best Out of Waste Swanky Elegant women Poster Competition, Slogan writing Competition etc. nearly 55 students were participated in the event.



## TB Awareness Programme

24th Mar 2022

Department of Pharmacy Practice, conducted TB Awareness Programme on 24th March 2022 in association with NTEP unit of AIMS, NSS unit of SACCP & AIMS and Rotary Club B.G Nagara at Srirangapura. TB Risk Assessment was done by the students on door-to-door basis followed by educating them on correct usage of medicines and safe disposal of expired drugs. Leaflets and pamphlets were distributed to the people on Tuberculosis. The formal gathering was addressed by the dignitaries from AIMS and SACCP, ACU. Dr. Shashikanth, Nodal Officer, NTEP & Associate Professor, Department of Community Medicine, Dr. Shashikiran, Nodal officer, Unnath Bharath Abhiyan and Associate Professor, Department of Community Medicine and Mr. Kumaraswamy, Associate Professor,

Department of Pharmacy Practice addressed the gathering on Tuberculosis and various schemes for TB patients. Dr. Jeet Bahadur Moktan and Mr. Renukaradhya Chitti, Ph. D Scholars of Department of Pharmacy Practice, highlighted on Patient Safety and Antibiotic Resistance as well. A Help-Desk was set up for counselling the people on Tuberculosis with proper aids. V Pharm. D Students performed Role Play to spread the awareness about the TB. Various games were conducted for the villagers and children. The students along with the faculties of Pharmacy Practice and Asha workers have visited around 70 houses in the village. A total of 80 Pharmacy students and medical students actively participated in the program.





## Pariksha Pe Charcha

1st Apr 2022

'Pariksha Pe Charcha 2022' an online student interactive session by Prime Minister Sri. Narendra Modi was held on 1st April 2022. SACCPC made all the arrangements to watch live address of Hon'ble Prime Minister of India on at Yuvalaya for the Students, teachers, and staffs who were actively participated in the program.



## "Case Based Learning "and "Systematic Review and Meta Analysis"

5th Apr 2022



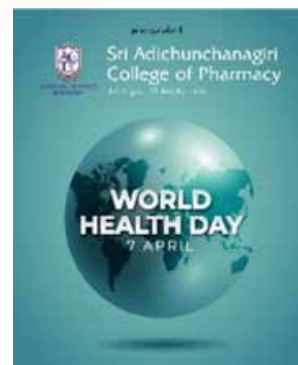
Department of Pharmacy Practice, organised one day workshop on "Case Based Learning "and "Systematic Review and Meta Analysis" on 5th April 2022 for V Pharm. D, M Pharm, Pharm. D Interns and Ph.D. Scholars. Resource Person: Muhammed Rashid PP, Ph. D research scholar, Department of Pharmacy Practice MCOPS,

Mahe, Manipal. The session highlighted on case-based learning followed by another hands-on training session on systematic review and meta-analysis. The session was attended by nearly 80 students.

## World Health Day

7th Apr 2022

The awareness about the good health in society have been spread on the occasion of 'World health day' on 7th April 2022 by distributing the digital leaflet in social media. NSS Volunteers of the college created the awareness in a village on the day by distributing the health related pompl.



## CRPF Valour Day

9th Apr 2022

Sri Adichunchanagiri college of Pharmacy, 57th celebration of Shourya Diwas, CRPF Valour Day was celebrated on 9th April 2022 to pay homage to our brave force and remember their bravery at Sardar Post.





# Annual Sports Meet

10th - 12th Apr 2022



Four days "ANNUAL SPORTS MEET 2021-22" was organised by institutional sport committee on 10th April to 12th April 2022. First day, Indoor games like Carroms and Chess for both boys and girls. Around 90 students were actively participated in the games. Second day was Inaugural match against staff Vs IV B. Pharm students, cricket league matches and Indoor games like shuttles for both boys and girls. Around 150 students were actively participated in the games. Third day, league matches for cricket, kabaddi, throw ball, Volley ball were conducted along with Athletics like 100 M, 200 M and shotput for both boys and girls. Necessary refreshment and lunch were provided to all the sports lovers gathered at the stadium. Around 350 students participated with great enthusiasm. On fourth day, the Final matches for cricket, kabaddi, throw ball and Volley ball were conducted. Around 350 students participated with great enthusiasm.



## Health Camp - II

10th Apr 2022

A team of 30 PharmD and Ph. D Scholars from Department of Pharmacy Practice, attended the Mega Health Camp on 10th April 2022 at Sri Adichunchanagiri Institute of technology in Chikmagalur. The various departments of AH&RC and various institutions under Sri Adichunchanagiri Shikshana Trust were unified for the successful conduct of Mega camp wherein nearly 12000+people attended the same. The students from SACCP were actively involved in dispensing and patient counselling.

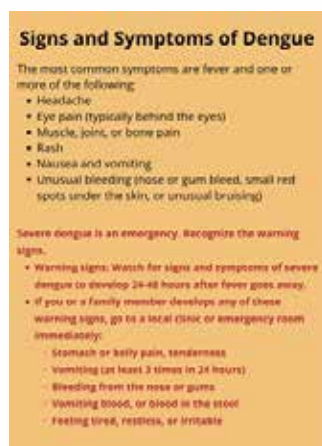
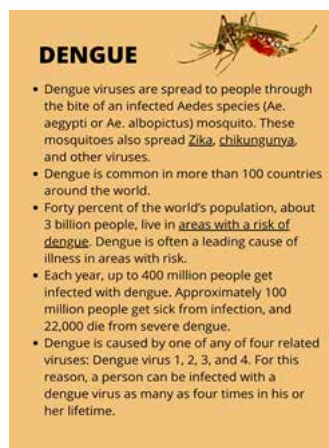




# National Dengue Day

16th Apr 2022

Prepared an information booklet on Dengue and circulated in the social media to create awareness on dengue and its prevention on National dengue day



first place and 5 have got the second place. The resource person was Mr. V. S Baskar. Faculty, Petroleum Conservation Research Association, Bangalore, on a topic 'Energy conservation with relevance to social responsibility and Environment'.



# World Creativity and Innovation Day 2022

12st Apr 2022

# Azadi Ka Amrit Mahotsav Through Green & Clean Energy

19th Apr 2022

SACCPC have organized a workshop on the theme 'Azadi ka Amrit Mahotsav Through Green & Clean Energy'. First year Pharm D and PG Students are actively Participated in the workshop. The workshop was helpful to the students. The certificates were distributed to all the participants, After the completion of the workshop Quiz was conducted by the Speaker in that 2 students got the



World creativity and innovation day 2022 was observed by distributing the digital pamphlet on social media on 21st April 2022.



## World Intellectual Property Day

26th Apr 2022

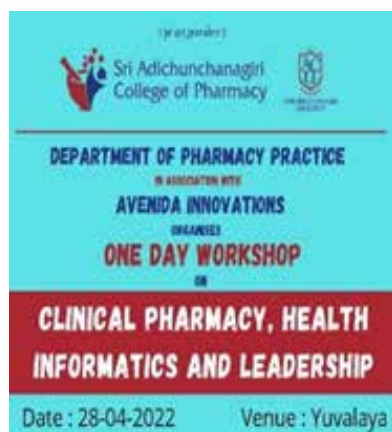


Organized a session on awareness of IPR on the occasion of world intellectual property day-2022, in association with IIC and ACE on 26th April 2022. Around 100+ students attended the session and got insights on IPR. Dr. Naga Prashant K, Assistant professor, Dept. of Pharmaceutical chemistry, was the speaker of the event.



## Clinical Pharmacy, Health Informatics and Leadership

28th Apr 2022



Department of Pharmacy Practice in association with Avenida Innovations organized One Day Workshop titled "Clinical Pharmacy, Health Informatics and Leadership" on 28th April 2022 at Yuvalaya. The session I, was taken by Dr. Karthik

was by Dr. Ashwani Dhar, Co-founder & President, Avenida Innovation, USA. During the session he highlighted the role of Pharm D graduates in the health sector also discussed about



the importance of adopting information technology supporting evidence - based medicine to continuously improve the quality of care. Around 80 students including Pharm D, PGs and RSs actively participated and got benefited from the workshop. At the end of the program all the participants were provided with the participation certificate. During the break, the team also visited AH & RC and had a discussion with the hospital administrative officers.



## Mega Health Camp - III

1st May 2022



A team of 28 Pharm D and Ph. D Scholars from Department of Pharmacy Practice, have attended the Mega Health Camp on 1st May 2022 at

Maddur organised by Adichunchanagiri Institute of

Medical Sciences and Adichunchanagiri Hospital and Research Centre (AIMS & AHRC). The various departments of AH & RC and various





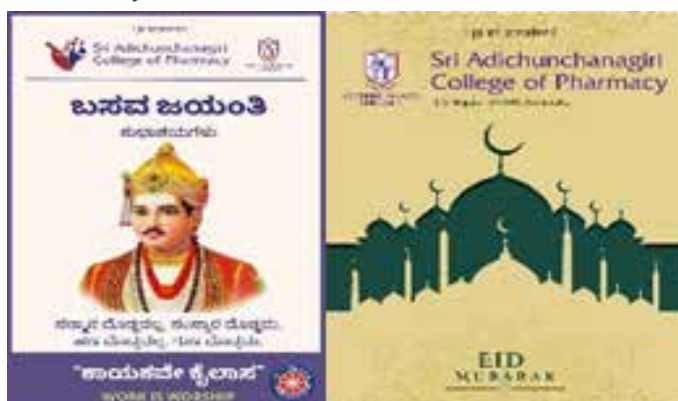
institutions under Sri Adichunchanagiri Shikshana Trust were unified for the successful conduct of Mega camp wherein nearly 10000+ people attended the same. The students from SACCP were actively involved in dispensing and patient counselling.



## Basava & Jayantiand Eid

3rd May 2022

Basava Jayanti, the birth anniversary of renowned philosopher Basaveshwara, who founded the Lingayat sect, was celebrated on 3rd May 2022. On the occasions of Basava Jayanti and Eid, SACCP have greetall the students and staff by releasing leaflet in digital platform on 3rd May 2022.



## Closing Gaps in Asthma Care

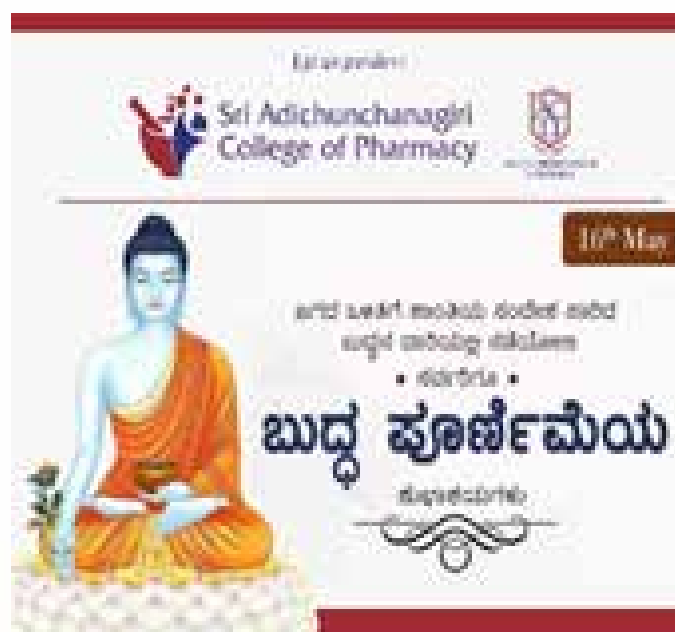
5th May 2022



Pharm D Interns from Department of Pharmacy Practice, attended a guest lecture on "Closing Gaps in Asthma Care" organized by Department of General Medicine, AHRC on the occasion of 'World Asthma Day' which was held in AIIMS seminar hall on 5th May 2022. Dr. Shashikanth Bhat, Professor & Head, Department of General Medicine rendered the welcome speech and Dr. M.G Shivaramu, Principal, AIMS gave the inaugural address for the program. The speaker of the day was Dr. Deepu Changappa, HOD & Professor, Department of Respiratory Medicine, AH & RC highlighted on the Asthma and COPD overlap, need to diagnose ACOS and elaborated on GOLD/GINA guidelines. The session was attended by Physicians, Medical Students and Pharm D Students.

## Buddha Purnima

16th May 2022



Buddha Purnima is celebrated to commemorate the birth of Gautam Buddha who founded the religion of Buddhism. It is a sacred event observed by members of the Buddhist community across the world. On the occasion SACCP have greetall the students and staff by releasing leaflet in digital platform on 16th May 2022

## Industrial Visit

20th May 2022

Sri Adichunchanagiri College of Pharmacy,organized one day Industrial visit to Micro Labs Ltd, Bangalore on

## Azadi Ka Amrit Mahotsav

20th May 2022. Total 55 students of D. Pharm students have been visited. Mr. Chandrappa, General Manager, interacted with all the students and assigned two employees to take our students for rounds. they have explained ongoing processes such as Various equipment's involved in production, different stages of manufacturing process and packing of different formulations and also allowed our students to visit each operational unit.



## NSS Volunteer

22nd - 28th May 2022

NSS Volunteer Ms. Surabhi HM, B Pharm (Sem VI), participated in the National Integration Camp organised by Hassan Institute of Medical Science in association with the Ministry of Youth Affairs & Sports, Government of India held during 22nd -28th May 2022 at Hassan.



## Anti-Terrorism Day

21st May 2022

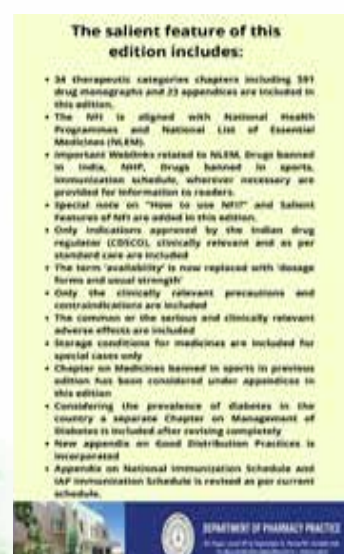
NSS Unit of Sri Adichunchanagiri College of Pharmacy, observed Anti-Terrorism Day on 21st May 2022 at Yuvalaya. Main objective of the program was to spread the message of peace and sensitize people about the havoc created because of terrorism.

Program began with delivering Anti-Terrorism pledge to the gathering. NSS Volunteers of the unit delivered speech on terrorism both in Kannada and English. A short movie about terrorism was also played to promote unity and prevent the young generation from getting involved with terror groups. NSS Volunteers and staffs actively participated in the event.



## Awareness on National Formulary of India

21st May 2022





## World No Tobacco Day

20th May 2022



NSS unit of SACCP spread an awareness campaign on 31st May 2022 in the context of world no tobacco day. Digital leaflets were circulated among student groups and other social digital platforms and a seminar was organised to address the students about the bad effect of tobacco on the health.



## World Environment Day

5th Jun 2022

On 5th June 2022, a digital awareness drive was initiated on the theme of 'Only one earth' on the eve of World Environment Day-2022. Leaflets were circulated on social media platforms for the awareness about the environment among all social groups. Tree sampling was also observed in the campus.



## ABCDEFGHI

6th Jun 2022

On 6th June 2022, AICTE, Ministry of Education, launched a new scheme named as "ABCDEFGHI" in collaboration with multi-National companies, EdTech companies & Start-ups, with the vision of teaching ABCDEFGHI once again to our higher education students and recent graduates in a quite different aspect which is 38 future emerging technologies like Artificial Intelligence, Block Chain, Data Analytics, Cyber Security and many more relevant fields under Digital Skilling up program. This programme has the Goal of Empowering 10 crore School Students, Higher Education students and recent graduates to access industry-aligned courses for skilling and upskilling key for Aatm-Nirbhar Bharat. The event was live streamed through YouTube at Yuvalaya auditorium, nearly 80 students of VIII Sem B Pharm course attended the program.



## Mega Health Camp - IV

10th Jun 2022

Fifteen students of Pharm D programme, Department of Pharmacy Practice, attended the Mega Health Camp organized by Adichunchanagiri Hospital & Research Centre on 10th June 2022 at Turuvekere, Tumkur dist. Karnataka. The various departments of AH&RC unitedly worked for the successful conduct of Mega camp wherein nearly 9000 people attended. The students from SACCP were actively involved in dispensing and patient counselling.





## Blood Donation Drive - III

15th Jun 2022



Department of Pharmacy Practice, conducted "Blood Donation Drive" on 15th June 2022 in association with AIMS, AH & RC and NSS (SACCP unit). The program started with FLASHMOB, performance by B. Pharm and Pharm. D students. Dr M G Shivaramu, (Principal, AIMS & Dean, Health Sciences (Medical), ACU), Dr. B. G Sagar (Medical Superintendent, AH & RC) Mr. Umesh B.K (Registrar, AIMS), and Dr. B. Ramesh (Principal, SACCP & Dean, Health Sciences (Pharmacy), ACU) inaugurated the event. The programme was overwhelmed with the esteemed presence of various dignitaries from ACU University, AIMS and AH&RC. A poster exhibition was conducted to create awareness about importance of blood donation among the students. Around 76 students volunteered to donate blood to the Blood Bank of AH & RC. Out of which 50 have donated blood after meeting the inclusion criteria. The donors were honoured with donor's certificate and tokens of gratitude and also data was collected from the interested volunteers which will be compiled and given to Blood bank, AH & RC to meet the future demands for blood. Various games were organised to entertain the students and faculties. The event was a grand success leaving behind a moral example to the society and mankind.

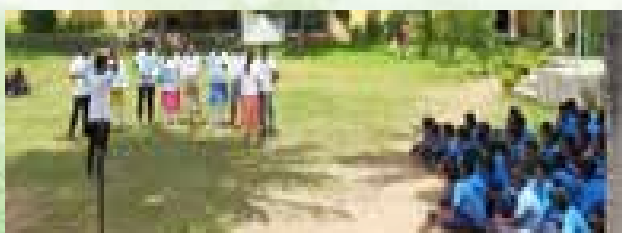


## Cleanliness Drive - III

17th Jun 2022

Institutional NSS team participated in one day Cleanliness Drive organised by NSS Cell, Adichunchangiri University on 17th June 2022 at Bhrammadevarahalli village. The main objective of this programme was to spread awareness among the village people about the significance of

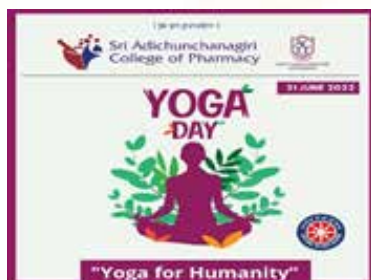
Cleanliness and its benefits. During the drive volunteers performed the street play to create awareness about environmental pollution and its hazardous effect on mankind. Around 200 school students were present during the play





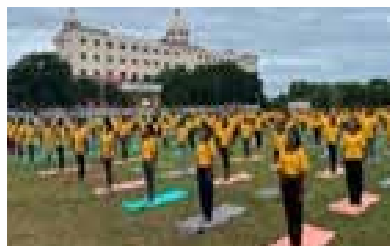
## International Yoga Day

21st Jun 2022



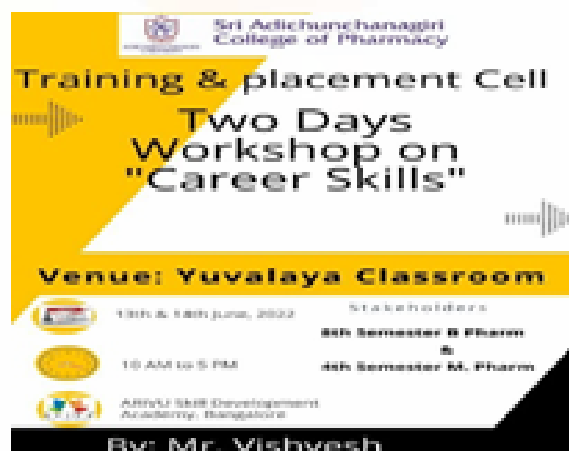
International Yoga Day was celebrated at BGS stadium, ACU campus, B G Nagara on 21st June 2022. Dr C K Subbaraya, Registrar of ACU inaugurated the event and Sri Raveendra Kumar, Yoga expert was the moderator

of the Yoga session. All the Principals of constituent colleges of ACU, faculty and more than 3000 students participated in the program with great enthusiasm and discipline highlighting "Yoga for Humanity", the theme of the day.



## Career Skills

13th - 14th Jun 2022

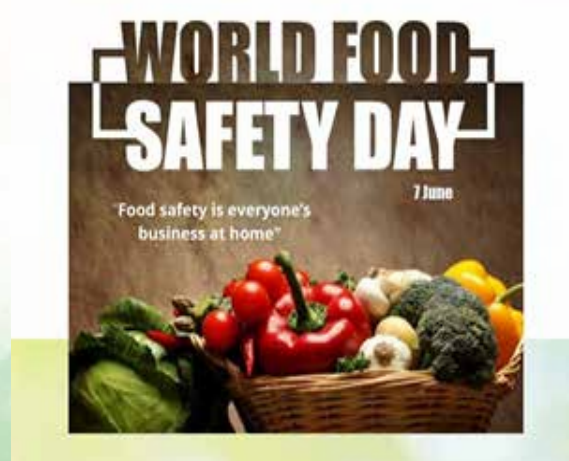


Institutional placement team has organised two days' workshop on Career skills on 13-14th June 2022 for VIII sem B Pharm and IV sem M Pharm student

## World Food Safety Day

7th Jun 2022

NSS Unit – SACCP prepared and circulated an information booklet on food safety on 7 June 2022.



## Vaccination Drive - IV

23rd Jun 2022

Sri Adichunchanagiri College of Pharmacy, association with AIMS & AHRC, organised Booster Dose Vaccination Drive on 23rd June 2022 at Yuvalaya. During the drive around 150 eligible candidates including students, teaching and non-teaching staffs got benefited. The staffs of PHC, Bellur are thanked for their support towards the conduct of this drive.





## The importance of food safety

Each year, one in ten people fall ill from eating unsafe food. Unsafe food particularly affects the most vulnerable groups: pregnant women, children under five, elderly and people with compromised immune systems. Consumers can make a difference by preventing foodborne diseases, keeping informed and promoting food safety. By making safe and healthy dietary choices and practising safe food handling at home, you help reduce the global burden of disease and support sustainable food systems.

Most foodborne diseases are preventable with proper food handling. You and your family can make a difference!

## How to achieve food safety at home

- Keep clean. Wash your hands with soap and clean water before handling food and often while preparing food. Germs are easily transferred from hands to food during meal preparation and consumption. Food contact surfaces must be cleaned and sanitized after each use.
- Keep food at safe temperatures. Bacteria that cause food poisoning multiply quickest in the temperature "danger zone"– between 5°C and 60°C. Therefore, keep food below 5°C and above 60°C. Chill food promptly and properly.

- Avoid confusion and ensure freshness of food by labelling and dating stored ingredients and prepared foods. Any food item not stored in its original packaging must be labelled.
- Use safe water and raw materials. Wash your fruits and vegetable with clean water before eating them.
- Use clean utensils and disinfect surfaces and cleaning material. To make a sanitizing solution, mix 5 ml of household bleach in 750 ml of water. Alternatively, you can use boiling water to sanitize utensils.

**SAFE FOOD NOW  
FOR A HEALTHY TOMORROW**  
Food safety is everyone's business



# Two days Start-up Festival

14th - 15th Jul 2022



ACU-Adichunchanagiri Centre for Entrepreneurs (ACE), in association with Sri Adichunchanagiri College of Pharmacy, BG Nagara, OpEx startup accelerators, Kolhapur and IIC Institution Innovations council, jointly organized Two days StartUp Festival on an account of World Youth Skill day On 14th and 15th July 2022.

In this festival, Ideation and Business model Competition was arranged.

Students of Sri Adichunchanagiri college of Pharmacy, AIMS, BGSIT Adichunchanagiri Nursing College, BG Nagara, Venkateshwara college of Engineering, Bengaluru, participated

and presented their innovative ideas and Business models.

Mr. Sriharsha P, a debut Incubatee of ACE and CEO of Arthanaya solutions conducted the panel discussion with the expert team and clarified various doubts of the upcoming Entrepreneurs.

Mr. Sachin Kumbhoje, Director, OpEX Accelerator, Mr. Suryakant Dodmise, CEO, SIBIC Kolhapur,

Mr. Mrunal Khangaonkar, Proprietor, Smaran Technology screened 30+ ideas for the competition along with the Special lecture and Workshops.

Mr. Vishwajeet Kashid, addressed the gathering for platelet donation activity. Event was coordinated by Dr. Vedamurthy Joshi, Dr Naveen & Dr Nagaprashanth Mr. Venugopal under the leadership of Principal, SACCPC.





# Report on World Hepatitis Day

28th Jul 2022

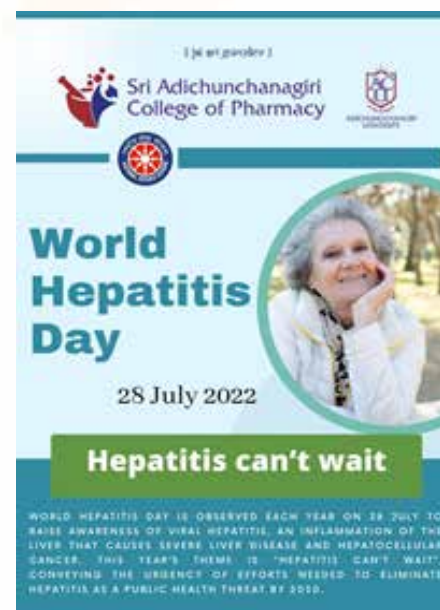
ACU- NSS Unit Sri Adichunchanagiri College of Pharmacy, B G Nagara, an Information booklet about Hepatitis was prepared and circulated largely on social media to create awareness about the disease.

NSS Unit also organised Community Awareness Programme on account of \*World Hepatitis Day\* on 28th July 2022 at Kuchahalli.

The programme started with the conduct of Rally to sensitize the common people towards Hepatitis and its preventive measures with the display of Placards.

The volunteers also visited the houses in Kuchahalli and educated the people through distribution of leaflets.

Around 150 people attended the programme.



**World Hepatitis Day**  
**Hepatitis Can't Wait**

With a person dying every 30 seconds from a hepatitis related illness – even in the current COVID-19 crisis – we can't wait to act on viral hepatitis.

- People living with viral hepatitis unaware can't wait for testing
- People living with hepatitis can't wait for life saving treatments
- Expectant mothers can't wait for hepatitis screening and treatment
- Newborn babies can't wait for birth dose vaccination
- People affected by hepatitis can't wait to end stigma and discrimination
- Community organisations can't wait for greater investment
- Decision makers can't wait and must act now to make hepatitis elimination a reality through political will and funding.

**What is Hepatitis?**

Hepatitis is an inflammation of the liver. The condition can be self-limiting or can progress to fibrosis (scarring), cirrhosis or liver cancer. Hepatitis viruses are the most common cause of hepatitis in the world but other infections, toxic substances (e.g. alcohol, certain drugs), and autoimmune diseases can also cause hepatitis.

There are 5 main hepatitis viruses, referred to as types A, B, C, D and E. These 5 types are of greatest concern because of the burden of illness and death they cause and the potential for outbreaks and epidemic spread. In particular, types B and C lead to chronic disease in hundreds of millions of people and, together, are the most common cause of liver cirrhosis and cancer.

Hepatitis A and E are typically caused by ingestion of contaminated food or water. Hepatitis B, C and D usually occur as a result of parenteral contact with infected body fluids. Common modes of transmission for these viruses include receipt of contaminated blood or blood products, invasive medical procedures using contaminated equipment and for hepatitis B transmission from mother to baby at birth, from family member to child, and also by sexual contact.

Acute infection may occur with limited or no symptoms, or may include symptoms such as jaundice (yellowing of the skin and eyes), dark urine, extreme fatigue, nausea, vomiting and abdominal pain.

**Hepatitis E**

- Hepatitis E is an inflammation of the liver caused by infection with the hepatitis E virus (HEV).
- Every year there are an estimated 20 million HEV infections worldwide, leading to an estimated 3.3 million symptomatic cases of hepatitis E.
- WHO estimates that hepatitis E caused approximately 44 000 deaths in 2015 (accounting for 3.3% of the mortality due to viral hepatitis).
- The virus is transmitted via the fecal-oral route, principally via contaminated water.
- Hepatitis E is found worldwide, but the disease is most common in East and South Asia.
- A vaccine to prevent hepatitis E virus infection has been developed and is licensed in China, but is not yet available elsewhere.



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(Estd. Under Karnataka Act No. 18 of 2013)



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